

2025
2026



A publication of the
Medina County Senior
Services Network (MCSSN)

MCSSN MEDINA COUNTY
SENIOR SERVICES NETWORK

SENIOR SOLUTIONS

RESOURCE GUIDE

Common Misconceptions About Home Care

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FAMILY OWNED AND OPERATED IN THE HEART OF HISTORIC MEDINA

INDEPENDENT, ASSISTED & MEMORY CARE

CAMPUS HIGHLIGHTS

On-Site Pinnacle Care Providers Board-Certified Geriatrician Physician.
AXIS Home Healthcare for PT, OT, ST and Skilled Home Health Services.
Social, Spiritual and Educational Opportunities Seven Days a Week.

INDEPENDENT LIVING

Spacious Apartments with Full Kitchen, In-Suite Washer/Dryer and Walk-In Shower.
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EchelonSeniorCare.com

629/635 NORTH HUNTINGTON ST.
MEDINA, OHIO 44256



Welcome to the 2025 / 2026 issue of Senior Solutions Resource Guide.

We hope you find the information within helpful and resourceful.

This guide features services and information provided by Medina County Agencies, MCSSN members and contributors.

ABOUT US

MCSSN (Medina County Senior Services Organization) is a 501-c3 Non-Profit Organization dedicated to advocacy and care for older adults. Comprised of northeast Ohio area care givers, in-home and at assisted living facilities, medical and non-medical facilitators and service providers, home and health service professionals, local-state-national older adult agencies and consulting services, all have a special concern for the well-being of older adults. Our mission is to assist seniors in aging gracefully and aging in place with dignity and self-determination.

This free Resource Guide is brought to you bi-annually in conjunction with Medina County Senior & Adult Services to help answer your questions!

www.MedinaSeniorServices.org

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HANDS
FOUNDATION

**Dedicated to Improving
the Quality of Life for
Medina County Seniors**



The HANDS Foundation
has been serving seniors in
Medina County since 1995.
We assist and help seniors in
our community to achieve an
improved quality of life.

CELEBRATING
1995 30 YEARS! 2025

330-225-4242

HANDS-FOUNDATION.ORG
OfficeHandsFound@aol.com

Bring hope, comfort and dignity to those facing life's most vulnerable moments. Your support of Hospice of the Western Reserve ensures exceptional care for patients and families across Northern Ohio.



**Make a difference today with
a gift to our 2024 annual fund.
Donate now.**



**HOSPICE OF THE
WESTERN RESERVE**

800.707.8922 | hospicewr.org

MEDINA COUNTY SENIOR & ADULT SERVICES

Medina County Senior & Adult Services

246 Northland Drive, Ground Floor

Medina, OH 44256

330-723-9514

www.mcsas.org

We organize community events that support Medina County Senior and Adult Services, to keep seniors independent.

We are the **Medina County Senior and Adult Foundation.**
www.mcsaf.org



Medina County Senior & Adult Services (MCSAS) is dedicated to helping adults and their families by providing education regarding benefits and services available in Medina County and beyond. Our services are extensive and range from simply providing referrals to helping seniors enroll in eligible programs, including Medicare and the Home Energy Assistance Program.

Transportation can be an issue for seniors and those with disabilities. We work with Medina County Public Transit and visit people in their homes to register them for in-county transit trips. Subsidized trips include those for medical appointments, groceries, or social service agencies. For those who are homebound, outreach workers make visits to determine eligibility for home-delivered meals. On average, seven routes throughout the county serve more than 190 hot, nutritious lunchtime meals daily, at no charge. The Medina County Human Services Levy makes these services possible with help from Title III funding provided by the Western Reserve Area Agency on Aging through the Ohio Department on Aging.

MCSAS has one central senior center for programming throughout the county and coordinates senior services in Brunswick. MCSAS also operates the café at the Wadsworth Soprema Senior Center. We have meal programs in all locations. Our Medina County Senior Center, located in Medina, is a fun place for seniors to gather with friends, new and old, and enjoy a tasty meal with good conversation. Guests are offered fun activities such as Senior Day in May and Picnics on the Patio throughout the summer. Other entertaining and informative activities in our senior centers include lunch and learn programs, day trips, weekly exercise classes, card games, yoga classes, bingo, and special holiday celebrations. Seasonal programs offered include assistance with Senior Farmer's Market Nutrition Program and scheduling for free tax preparation by AARP volunteers. Our programs are featured in our newsletters, available in Brunswick and Medina, or online at www.mcooa.org, Facebook or Instagram.

Come and see us or give us a call. There is always something exciting taking place at one of our locations, join us!



MEDINA COUNTY
**SENIOR
& ADULT
SERVICES**



A full service center to meet all of your needs.

Offering services throughout Medina County including nutrition, transportation, benefits assistance, trips and social activities. Check us out!



Staff also available in Brunswick and Wadsworth

246 Northland Dr., Medina 330.723.9514 • www.mcsas.org

CITY OF BRUNSWICK

SENIOR SERVICE COORDINATION



Medina County Senior & Adult Services (MCSAS) partners with the City of Brunswick to offer senior service coordination at the Brunswick Recreation Center. Five days a week, an MCSAS employee is at the Rec Center to offer service assistance, referrals to programs and other support to seniors in the area.

MCSAS provides a nutrition program at the Rec Center twice weekly for seniors who register. Any adult age 60 or over is qualified for this program. Various free health screenings are also available on-site from local professionals and agencies.

There is an amazing variety of activities offered to Brunswick area seniors at the Rec Center, including a weekly free lunch-and-learn, bingo, Mah Jongg, R.O.M.E.O. (Retired Old Men Eating Out) Club, and Single Ladies Clubs as well as line dancing, culinary and gardening clubs, knitting, art classes, and much more. The Brunswick Recreation Center is proud to offer Silver Sneakers classes to all who qualify. And don't forget to check out the Brunswick Recreation Center's summer concert series for your listening and dancing enjoyment. Trips are coordinated through both the Medina and Brunswick locations offering monthly casino trips and many non-gambling excursions several times throughout the year. MCSAS produces the Brunswick Senior Spot, a newsletter that comes out bi-monthly and keeps everything on the calendar organized and our seniors informed!

Our largest event of the year, the Brunswick Senior EXPO, takes place every March. Over 60 vendors that provide services for seniors are on hand to meet, greet and inform. Tasty treats are available for all! This event is free and open to the public.

If you have not had the chance to stop by and visit this fully functional and up-to-date recreation center, please drop in.

The Brunswick Recreation Center is located at 3637 Center Road, Brunswick, OH 44212 (across from the library). Senior Coordinator can be reached at 330-416-3680.



CASE MANAGEMENT

in Medina County for Seniors

Case management is a service provided in the home to seniors, their caregivers, and their families. It often helps families plan for life's next steps or get them through a crisis by defining the immediate issues, setting achievable goals and close support to help meet those goals. While there are several different types of case management service providers, including insurances, we offer some specialty services in Medina County.

OPTIONS COUNSELING PROGRAM, MEDINA COUNTY SENIOR & ADULT SERVICES

MCSAS offers short term case management to individuals or families who are ready to look at alternatives to keep their aging loved ones in the home or to transition into alternative living arrangements. Many times, as people grow older, they need assistance to keep aging in place. An Options case manager helps seniors, and their caregivers assess their current living situation and help to set obtainable goals for their future. Together they will see what resources are available to help them, whether it is financial help, linking to other services, nutritional help, or other supportive services. MCSAS case management is voluntary and free of charge. Options Counseling is available to any adult, age 18 and over.

330-723-9514

EMOTIONAL WELLNESS AND CATHOLIC CHARITIES OF MEDINA COUNTY

Catholic Charities Senior Case Management program is a more intensive case management service. It offers both in home counseling and case management for seniors in need with the focus on helping each person achieve their best level of functioning as well as they increase their ability to succeed in the community. Catholic Charities Senior Case management can assist with adjusting to different stages of life. Services offered may be available at affordable pricing, no cost and/or covered by insurances for services. It is available to any adult age 65 and over.

330-723-9615

ADULT PROTECTIVE SERVICES, MEDINA COUNTY SENIOR & ADULT SERVICES

Sometimes, older adults in the community fall victim to physical abuse and neglect, self-neglect or financial exploitation. Adult Protective Services (APS) investigates allegations of the abuse or neglect of adults aged 60 and over. Investigations can involve case management to help alleviate the causes of maltreatment. This could include securing service providers in the home, obtaining medical treatment for victims of abuse or neglect, police involvement or court-ordered services, as well as other supportive action. All APS investigations and any case management services that result from these investigations are provided at no cost. Referrals for suspected abuse or neglect of an older adult can be made by calling

330-661-0800

Let's Start
Talking About
Living®



Seniors want to age well. **Right at Home Care** can help maintain their safety and independence.

The Right Care... Right at Home®

Serving:

18+ Adults, Seniors & Veterans

We Work With:

VA Benefits, LTC Providers,
Alzheimer's Association, Parkinsons & MS Foundation



Reliable & Insured Caregivers

Support for Daily Living, Personal Care & Transportation

Customized Post-Hospital Transitional Care

**Specialized in Dementia, Parkinson's, and
Chronic Disease Management**

FREE IN-HOME CONSULTATIONS
& offering support for caregiver stress & burnout

Right At Home Medina-Summit Counties

330.721.7590

www.rah-medina.net

Always Hiring People With a Caring Heart.

Aging and Disabilities Resources Center (ADRC)

The Aging and Disability Resource Center (ADRC), located within Medina County Senior & Adult Services, provides the public with a warm and welcoming office to get objective information, advice, counseling and assistance; empower people to make informed decisions about their long-term services and supports; help people access public and private programs and apply for benefits. Consultations with family, friends, caregivers and providers are free, they are confidential and unbiased. For seniors as well as those ages 18+ with disabilities, it is the first step to receiving information about local resources for individuals. Our ADRC staff knows how to help you find out what makes sense for you, choose what you need to stay as independent as possible, as long as possible, while stretching your dollars as far as possible.

WOULD IT HELP TO STRETCH YOUR DOLLAR?

We screen and advise people regarding benefits to save them money and we assist in applying for these benefits. Food, utilities, and medicine are a few of the areas of service that can be applied for to help make ends meet!

WOULD IT HELP TO BETTER UNDERSTAND MEDICARE & MYCARE OHIO?

We have 6 certified OSHIIP counselors to help people navigate the healthcare maze. Our office helped over 300 people, and their families choose a health care plan during "open enrollment". Help with federal, state, and private (OPERS, STRS, SERS, Police & Fire & Railroad) insurances is also available. ADRC representatives also provide verbal and written information and professional guidance over the phone.

WOULD IT HELP TO HAVE OPTIONS LOOKING AHEAD TO POSSIBLE LONG-TERM CARE?

We encourage people to be proactive in planning for their future care. We help you make a plan with community services and support that empower you to be as independent as long as possible! We work to streamline access to long-term services and supports for older adults, people with disabilities, and their families. Your independence at home will allow you to age in place and save money.



We would love to come and talk to seniors and people with disabilities over 18 about this program. Please feel free to call us to set an appointment!

All our core services are funded through the Medina County Human Services Levy and by Title III funding provided by the Western Reserve Area Agency on Aging through the Ohio Department on Aging.

**ADRC at
Medina County Senior & Adult Services
246 Northland Dr., Medina, OH 44256**

330-723-9514

Hours: 8:00am to 4:30pm

www.mcsas.org



Mental Health & Recovery Board

The Medina County Mental Health & Recovery Board (formerly the ADAMH Board) assures that mental health and substance use services are available to county residents.

If you or a family member is experiencing a mental health or substance use emergency, seek immediate assistance by calling our

24/7 Crisis & Behavioral Health Helpline at

330-725-9195

www.medinamentalhealth.com • 330-723-9642 • office@medinamhrb.org

Formerly known as the Medina County Alcohol, Drug Addiction & Mental Health (ADAMH) Board, the Medina County Mental Health & Recovery Board's (MHRB) mission is to decrease stigma and provide hope for a better life by assuring the availability of high-quality services in the areas of mental health, substance use, and recovery support to all Medina County residents through planning, purchasing cost effective services to the extent resources are available, coordinating, and evaluating these services.

The MHRB assures a full continuum of services from early childhood mental health and prevention to senior services, including counseling, case management, psychiatry, medication management and more. Specialized options for seniors in our community include our partnership with Catholic Charities to provide senior case management services and also with the Office for Older Adults for prevention programming and a mental health group for seniors.

Common Misconceptions About Home Care



Home Care can be incredibly beneficial for numerous families. However, misconceptions about it often deter people from considering this option for themselves or their loved ones. Below are some of the most common misconceptions:

HOME CARE IS ONLY FOR THE ELDERLY

This is far from the truth. Home care is beneficial for people of all ages who may need assistance with daily living activities due to an illness, injury, disability, etc, in addition to the elderly.

IT'S TOO EXPENSIVE

The cost of home care varies depending on the level of care needed, in addition to the frequency/duration of visits, along with the specific home care provider. Often, the cost of home care is more affordable than a nursing home or assisted living facility. Additionally, it may be covered by insurance or government programs, such as the waiver program or the passport program, depending on the home care provider used. Most importantly, you or your loved one stays at home, so it's essential to do some research!

THERE IS NO FLEXIBILITY WITH HOME CARE

Many home care providers offer flexible scheduling options to accommodate the unique needs of their clients. With a bit of communication, schedules can be easily adjusted, as needed.

HOME CARE WILL TAKE AWAY MY INDEPENDENCE

The purpose of home care is not to take over someone's life, but to assist them in maintaining their independence & quality of life. Caregivers are there to assist with everyday activities, so the client can continue to stay in their home for as long as possible.



HOME CARE PROVIDERS ARE NOT QUALIFIED OR RELIABLE

Reputable home care providers ensure their caregivers are highly qualified & dependable. They thoroughly screen, train, & supervise their staff. Caregivers undergo criminal background checks, interviews, & receive training before starting with any clients. Typically, recommendation letters or references are necessary upon hiring, as well. If a caregiver is unable to work a shift, the home care company often has the capability to provide another qualified caregiver to fill in, should the client prefer this option.

MY LOVED ONE NEEDS MORE HELP THAN HOME CARE CAN OFFER

Are you sure? All home care providers offer a variety of services. In fact, the caregivers can assist with personal care assistance such as bathing, dressing, toileting, grooming, etc & then some may also assist with meal preparation, some transportation services, light housekeeping tasks, medication reminders, shopping, companionship, exercising, etc. Clearly communicating the needs, you or your loved one requires is important when you're looking for the right home care provider.

Thoroughly researching home care companies is essential to identify one that aligns with your specific requirements. By understanding the facts & dispelling any misconceptions, you can make an informed decision regarding the best care option for you or your family.



Home Care Services by Angels on Earth

We provide personal support care for people who are elderly, ill or need help with daily tasks. Our duty is to make sure our clients are comfortable, safe, and enjoy emotional and physical well-being.

Valley City, OH. 44280 | Phone: 833.ARCHCARE (272-4227)
Email: wecare@archangelshomecare.com | Website: archangelshomecare.com

The Medina County Home

Custodial / Residential & Adult Day Care



Serving the residents of Medina County for over 170 years, the Home is situated on scenic rural acreage in Lafayette Township. Our goal for each resident is to always promote and maintain the highest level of independence possible. Resident amenities include daily laundry and cleaning services, minimal assistance with daily living skills, med pass, 3 nutritious meals per day, daily recreational activities/outings, and a newly updated beauty salon.

ELIGIBILITY REQUIREMENTS

Eligibility is based on established residency in Medina County as well as the level of care and assistance needed. Applicants need to be ambulatory but may use a walker or cane. Applicants must be 18 years of age or older. Payment is based on income level and is assessed on an individual basis. The Medina County Home is supported by the generosity of Medina County residents through a county tax levy.

Serving Medina County Since 1854

**Residential
Custodial
Care**



**Adult
Day
Care**

**A Serene Rural
Setting With
Farmland Views**

**Affordable, quality care
in a clean, friendly,
supportive
environment**



6144 Wedgewood Road | Medina OH 44256 MedinaCountyHome.com
330-722-9323 • fax: 330-764-8654



COME VISIT

Admission starts with an appointment to tour the Home and meet with a member of our leadership team. To begin the process, please call 330-722-9323. We look forward to meeting you and showing off our stately Home.

The Medina County Home
6144 Wedgewood Road
Medina, Ohio 44256
330-722-9323



The Soprema Senior Center & Café, located at 617 School Drive on Wadsworth's vibrant, multi-generational Community Center campus, is a popular gathering place for seniors in Wadsworth and beyond. They are widely known for offering innovative opportunities and traditional activities and services. Membership to the Center is free for anyone 55+, regardless of where they live. Perks of membership include a quarterly newsletter, free participation in dozens of weekly programs, events, and activities; access to the YMCA indoor walking track during designated times; and free, unlimited hot coffee or tea with any purchase in the Café when showing their member keytag. To learn more about all the Center offers, pick up the latest newsletter and calendar of events, visit their website at www.wadsworthcity.com/SopremaSeniorCenter or call them at 330-335-1513. The Soprema Senior Center is open Monday through Friday from 8:30 am – 4:00 pm

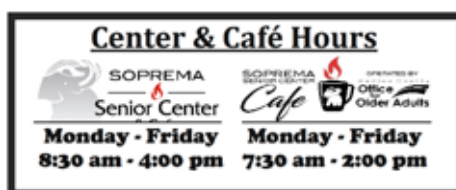
The Soprema Café, operated by the Medina County Office for Older Adults, helps make the Soprema Senior Center shine distinctly. Open to the public on weekdays from 7:30 am – 2:00 pm, the Café has become a dining hotspot enjoyed by all ages. Known for their homemade soups and home-style "hot lunch specials," they also feature other delicious breakfast and lunch options, including burgers, salads, made-to-order sandwiches, pastries, coffee and much more at great prices. Make plans to patronize this local gem soon – your taste buds & wallet will thank you!

AGING WELL IN WADSWORTH!



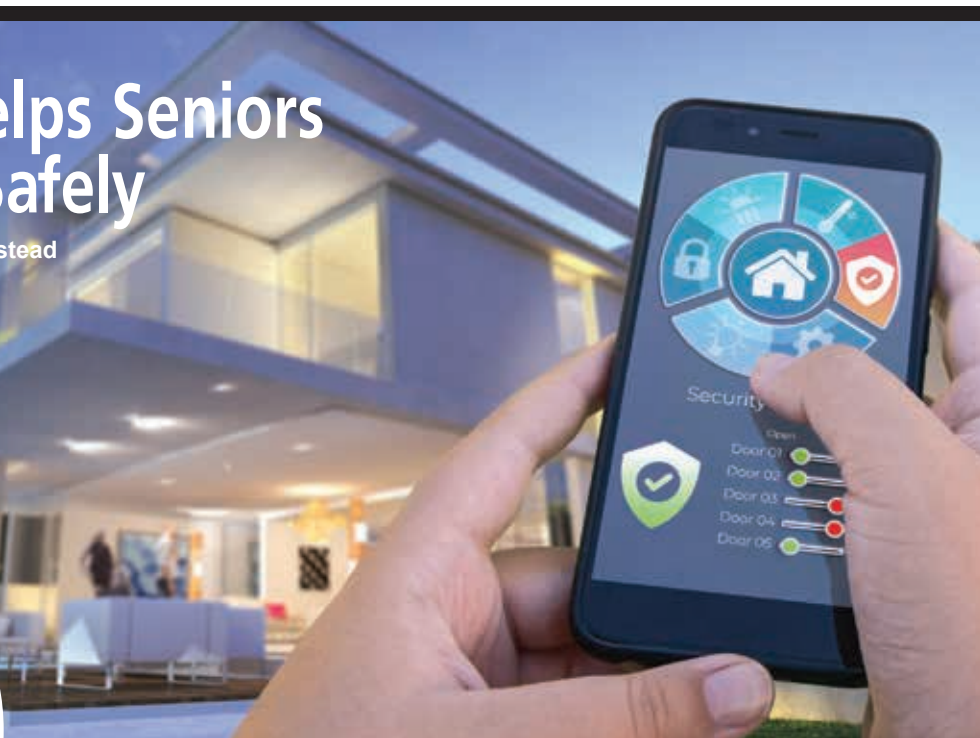
The Soprema Senior Center, a department of the City of Wadsworth, is also supported by the Wadsworth Older Adults Foundation, and many Professional Friends. They have a small staff of three and a mighty volunteer team of over 100 senior volunteers. Donations are accepted from the community through the Wadsworth Older Adults Foundation (WOAF), which is their 501(c)(3). Be sure to like and follow the Wadsworth Older Adults Foundation Facebook page for regular Soprema Senior Center updates and news.

You are invited to see the Soprema Senior Center & Café in action. Stop by in person, treat yourself to a delicious meal, beverage, or snack, and take a tour. You will be amazed at what you see! You can also contact the Center via email at ssc@wadsworthcity.org or phone 330-335-1513. New members and visitors are always welcomed with a smile!



Technology Helps Seniors Age in Place, Safely

By: Roberta Woodard, CDP, Home Instead



VIDEO DOORBELL

This smart technology hooks into existing doorbells that enable a homeowner to see who comes to the door via the phone.

VOICE AND REMOTE THERMOSTAT

This tool helps monitor thermostat functions including furnace and air conditioning by voice or by cell phone.

VIRTUAL ASSISTANT

Amazon's Echo or Google Home allows homeowners to control their home with their voice – locking doors, turning lights on and off, adjusting the thermostat or viewing camera feeds.

STOVE FIRE PREVENTION DEVICES

These devices automatically shut off a stove if it is left unattended for a specific time. Devices like this are especially helpful for older adults living with dementia.

HOME MONITORING SYSTEMS

Monitoring systems help family caregivers make sure their loved ones are safe and secure, affording independence for our aging loved ones.

SOCIAL MEDIA AND VIDEO CALL PLATFORMS

During the last several years, these technologies have become vital to helping older adults stay connected with loved ones and friends.

WATCHES WITH GPS CAPABILITIES

These smart watches can track heart rate, blood pressure and body temperature. They can also track an aging loved one's location and will alert 911 if there is a fall.

ONLINE GROCERY DELIVERY

From fall prevention through illness and inclement weather, this service brings groceries right to the customer's door.

TELEHEALTH

When health questions arise, it's easy to schedule a medical appointment with this newer technology via computer or smart phone. Pluses are cost savings, convenience, and the ability to provide care for older adults with mobility limitations, or those without easy access to a local doctor or clinic.

Older adults can be hesitant to adopt technology, but incorporating it into routine caregiving tasks can offer a wide range of benefits for older adults and caregivers.

For more information about helping your loved ones age in place, call our local Home Instead office at (330)334-4664.

As growing numbers of older adults choose to age in place, technological advancements are becoming key tools in a home care plan aiding in the safety of older adults. However, Pam Myers, local Home Instead franchise owner, reminds us, "It's essential to find the right balance between tools to help older adults feel empowered, connected and safe, and the personal, hands-on professional support from a caregiver. Both are vital."

Myers continues, "This personal support and companionship can mean all the difference in being able to choose where an older adult lives while aging."

Although some technology can be intimidating for older adults, a recent survey indicated older adults are learning to embrace technology more than ever before. Surprisingly, one in four said they felt more comfortable using new technology than they did just one year ago.

Striking a balance between high-tech solutions and human interaction will be key to advancing the future of care. Several technologies on the market are making it easier and safer to age in place at home.

Helping Seniors in Medina County



PURPOSE

The HANDS Foundation's purpose is to educate, coordinate and involve seniors and organizations to create an independent life-style that will result in an improved quality of life for Medina County Seniors.

VISION

The HANDS Foundation shall be an instrument for the improvement of senior issues through education, community resources, and community partnerships.

DONATIONS

Donations may be directed to established programs or contributed to the Foundation's general fund. Contributions to the



Foundation are tax deductible. HANDS is a local charity, not supported by any national organization. All money raised here stays here in Medina County to benefit our older adults.

Aging should be a supportive partnership among seniors, families, caregivers, the community and HANDS.

All seniors deserve dignity and a respectful quality of life.

The community has a responsibility to ensure sources exist and are made available.

Seniors are a valuable asset in the community wheel.

SENIOR WISH GRANTS

Funds are made available by grant application to seniors and their families for special needs they could not otherwise afford or obtain through any other resource. This program fills a huge void in services to seniors and no other organization has a program like Senior Wishes. Local agencies in Medina that can assist with filling out the grant application include (but are not limited to) The Medina County Office of Older Adults, Wadsworth Soprema Center, Job & Family Services, Catholic Charities, Community Action, The Salvation Army. Applications must be submitted by a third party such as one of these agencies.

Wishes We Have Granted:

- Car Repairs
- Clothing
- House Hold Repairs
- Personal Care Necessities
- New Bedding
- Money Towards a New Furnace
- Money Towards a Washer or Dryer
- Battery for a Wheelchair
- Household Cleaning
- New Mattress
- New Shoes
- Moving Expenses



Disability License Plates and Placards

5. Has a cardiac condition to the extent that the person's functional limitations are classified in severity as Class III or Class IV according to standards set by the American Heart Association.
6. Is severely limited in the ability to walk due to an arthritic, neurological, or orthopedic condition.
7. Is blind, legally blind, or severely visually impaired.

REQUIREMENTS:

1. Cannot walk two hundred feet without stopping to rest.
2. Cannot walk without the use of or assistance from a brace, cane, crutch, another person, prosthetic device, wheelchair or other assistive device.
3. Is restricted by lung disease to such an extent that the person's forced (respiratory) expiratory volume for one second, when measured by spirometry, is less than one liter, or the arterial oxygen tension is less than sixty millimeters of mercury on room air at rest.
4. Uses portable oxygen.

REMOVABLE WINDSHIELD PLACARDS

Removable windshield placards may be issued to a person with a disability that limits or impairs the ability to walk or to an organization that provides transportation for a person/people with a disability that limits or impairs the ability to walk. Registrants must complete an Application for Removable Windshield Placards (**form BMV 4826**). The application must be accompanied by a prescription from a health care provider.

GO ONLINE

The easiest way to learn more and download the forms is to simply go Online and search: "Getting an Ohio disabled parking placard"

MYTH 1

SENIOR LIVING COMMUNITIES FEEL INSTITUTIONALIZED

Reality – When some picture a senior living community, images of long, white hallways and bright fluorescent lighting emerge, giving way to associations with hospitals. In reality, though, senior living communities are often homelike, comfortable and more closely resemble a resort than a hospital.

MYTH 2

I'M NOT OLD ENOUGH TO MOVE TO A SENIOR LIVING COMMUNITY

Reality – Most senior living communities are open to anyone over the age of 55! Senior living communities are designed for active older adults who have a passion for living life to the fullest. Residents enjoy daily recreational, leisure and even educational activities that keep them rejuvenated and engaged. It's never too early to start looking and explore your option.

MYTH 3

I'LL LOSE MY INDEPENDENCE AT A SENIOR LIVING COMMUNITY

Reality – Many confuse living independently with living on their own. While you may no longer own your own home, life at a senior living community can be as independent as you want it. Residents aren't limited to where they can go or what they can do. In fact, many seniors find that letting go of the responsibilities of homeownership allows them the freedom to finally live the way they've always wanted to. Most communities are filled with amenities and activities that give you countless opportunities for fun and relaxation.

MYTH 4

I'LL HAVE TO GIVE UP MY FAVORITE HOBBIES

Reality – Actually, the opposite is true. Without the time-consuming tasks of home- upkeep, you'll have nothing but time to spend on the things you love to do. Do you enjoy carrying a camera around? Find other residents who share the same passions and plan a time to take photos together. Additionally, you'll have the chance to try new things and discover new hobbies.

MYTH 5

PAYING FOR SENIOR LIVING IS MORE EXPENSIVE THAN LIVING AT HOME

Reality – Some families looking into senior living are often surprised by the sticker



SENIOR LIVING: DEBUNKING THE MYTHS

shock of monthly rates. While cost varies depending on apartment size or levels of care, the average cost of senior living is often comparable or even less than receiving the same services and support at home. Even for those who have paid off their mortgage, homeownership is still costly. Consider insurance, taxes, upkeep and repairs, utilities, and emergency expenses. At a senior living community, everything is included in one convenient rate – not to mention the convenience of having entertainment, social events, house-keeping services and medical support if every needed right in your community.

MYTH 6

I WON'T BE ABLE TO SEE MY FRIENDS AS FREQUENTLY

Reality – Senior living communities are quite visitor-friendly. Both common areas and private residences accommodate guests, family get-togethers and even parties. Friends are always welcome to join in an activity or stop by for lunch. Just because your residence changes doesn't mean your social life has to. Actually, many choose to move to a senior living community because they desire to have a more active social life. Making new friends is one of the best parts of moving to a senior living community!

MYTH 7

MEALS ARE PLAIN AND UNAPPETIZING

Reality – One of the most overlooked benefits of senior living is the consistency of multiple nutritious meals each day. The food is anything but boring! Dining selections vary every day, created with the best and freshest ingredients. Plus, less time spent preparing meals means more time spent doing the things you love!

MYTH 8

I WON'T HAVE ANY PRIVACY AT A COMMUNITY

Reality – Residents have the choice of how much or how little time alone they want each day. Private villas and apartments are comfortable and accommodating, and you can choose to spend the whole day reading in your favorite armchair if you wish. Privacy is respected, and when you do feel like socializing, all you have to do is step outside. You have the best of both worlds when it comes to spending time how and with whom you want.

MYTH 9

I WON'T BE ABLE TO PERSONALIZE MY SPACE

Reality – While it's true that a community probably won't want you to paint the walls or refinish the bathroom tiles, most communities encourage residents to decorate their homes with personal items and pictures and bring along their own pieces of furniture. Downsizing to a smaller home can be a difficult task, but most senior living communities won't make you give up your style in the process.

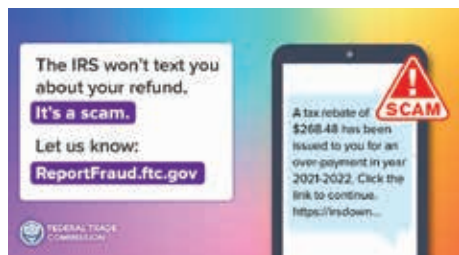
MYTH 10

I SHOULDN'T MOVE UNTIL I NEED HELP TAKING CARE OF MYSELF

Reality – Many older adults are making the choice to spend their healthy retirement years at a senior living community. Not only does community living come with convenience and a full, carefree lifestyle, but moving while you are still healthy allows you to stay in control of your choices. Waiting until an illness or health crisis occurs may rush the moving process and leave you wishing you had more options and time to pick the right community for you. In addition, many independent living communities also have higher levels of care, including assisted living and memory care services, that residents can take advantage of without the worry of moving again.

SCAM ALERT!

BE AWARE OF SCAMS TARGETING SENIORS



NO, that's not the IRS texting you about a tax refund or rebate. **IT'S A SCAM!**

IRS impersonators have been around for a while. But as more people get to know their tricks, they're switching it up. So instead of contacting you about a tax debt and making threats to get you to pay up, scammers may send you a text about a "tax rebate" or some other tax refund or benefit. Here's what to know about the new twist.

The text messages may look legit, and mention a "tax rebate" or "refund payment." But no matter what the text says, it's a scammer phishing for your information. And if you click on the link to claim "your refund," you're exposing yourself to identity theft or malware that the scammer could install on your phone.

- Never click on links in unexpected texts. Don't share personal information with anyone who contacts you out of the blue. Always use a website or phone number you know is real.

- Know that the IRS won't call, email or text to contact you for the first time. They'll always start by sending you a letter. If you want to confirm, call the IRS directly at 800-829-1040.

- Find the status of any pending refund on the IRS official website. Visit Where's My Refund.

- Report unsolicited texts or emails claiming to be the IRS. Forward a screenshot or the email as an attachment to phishing@irs.gov



Don't click on that random text. **IT'S A SCAM!**

The FTC has seen a spike in reports from people getting text messages that look like they're from well-known names like USPS, Costco, or The Home Depot and others. Spoiler alert: they're from impersonators. The details vary, but the scammers are after the same thing: your money and your personal information. You may get a text from scammers pretending to be USPS and asking you to confirm your debit card details so you can get an undelivered package. Or you might get texts about a chance to win a free gift card or a power tool. To claim your "reward," you're told to click on the link, answer some questions, and pay for shipping. Don't do it.

If you click on those links and submit your card information, you'll end up with nothing — but you'll find unauthorized charges posted to your account.

NO MATTER WHAT THE UNEXPECTED TEXT SAYS, THE ADVICE IS THE SAME.

- Don't click on links or respond to unexpected texts — including ones asking you to fill out surveys to get free items. If you think it could be legit, contact the company using a website or phone number you know is real. Don't use the information in the text message.

- Don't pay to get a package redelivered. The real USPS won't contact you out of the blue about a delivery (unless you submitted a request first and give a tracking number) — and they'll never demand payment to redeliver a package.

If you receive an odd text message or a message from an unusual source, don't even open the text to read it. Just delete it.

Fake caller ID info

Don't rely on caller ID to verify who's calling. It can be nearly impossible to tell whether the caller ID information is real. Here are a few tips for handling these calls:

- If you get a strange call from the government, hang up. If you want to check it out, visit the official (.gov) website for contact information. Government employees won't call out of the blue to demand money or account information.

- Don't give out — or confirm — your personal or financial information to someone who calls.

- Don't wire money or send money using a reloadable card. In fact, never pay someone who calls out of the blue, even if the name or number on the caller ID looks legit.

- Feeling pressured to act immediately? Hang up. That's a sure sign of a scam.

The Gift Card Scam

- First, scammers reach out to you via email, text message, or phone call pretending to be someone who you know and trust — such as a close friend, business acquaintance or client.

- Then, they create a sense of urgency (typically in an email message) claiming that a friend of theirs has a birthday or is sick and they want to give them a gift card. The scammer claims that they cannot order the Amazon card because their computer isn't working or they can't log onto the Amazon website. They'll ask, "can you do this for me?"

- Sometimes in the same email message they'll have instructions and further information for you to expedite the order. You then fill out the Online Amazon order form for the card with the scammers' instructions and click "purchase." That's it! You're screwed! Instead of having the gift card sent to your friend, it goes to the scammer.

- Finally, they quickly use the funds on the card before you realize what's happened. Once the money on a gift card is spent, it's gone. You just gave the fraudster a \$200 gift card.

This is just one example of a common Amazon gift card scam. Do your research Online about gift card scams and educate yourself on what to look out for. **DON'T FALL FOR IT!**

Agencies, Assistance & Resources

GREATER MEDINA CHAMBER OF COMMERCE

211 South Court Street
Medina, OH 44256

330-723-8773

<https://MedinaChamber.com>

The Chamber serves its member investors and promotes business interests through economic development, business advocacy and member services, which benefit the greater Medina community.

HANDS FOUNDATION

PO Box 868
Brunswick, OH 44212

330-225-4242

www.Hands-Foundation.org

County-wide non-profit organization dedicated to helping and improving the quality of life for Medina County Seniors.

LODI FAMILY CENTER

301 Mill Street
Lodi, OH 44254

330-302-4182

www.LodiFamilyCenter.org

Providing food and resources for families in need. We offer one-a-month Online ordering! Help if you ever have a food emergency.

LONG TERM CARE OMBUDSMAN

8111 Rockside Road, Suite 250
Valley View, OH 44125

1-800-365-3112

www.ltco.org

Long Term Care Ombudsman advocate for excellence in long-term care quality of life and quality of care. We investigate concerns, improve communication, and educate regarding resident's rights and resources. **LTCO advocates for those with MY-CARE Ohio. LTCO is an Elder care advocate (non-legal.)**

MEDINA COUNTY BOARD OF DEVELOPMENTAL DISABILITIES

4691 Windfall Road
Medina, OH 44256

330-725-7751

www.mcbdd.org

We are the community resource for connecting, coordinating and funding services for people with developmental disabilities. We help with everything from education to employment and independent community living. Visit www.mcbdd.org.

MEDINA COUNTY CLERK OF COURTS

225 East Washington Street, Suite 290
Medina, OH 44256

330-725-9722

www.MedinaCountyClerk.org

The Medina County Clerk of Courts' of Common Pleas and Domestic Relations Court is the "keeper of the records" for Medina County as well as the business office of the courts. Three title office locations, county archives, Ninth District Court of Appeals, Intake Office, Passport Service, Notary Public Applications and renewals, and Transfer on Death titles.

MEDINA COUNTY HEALTH DEPARTMENT

4800 Ledgewood Drive
Medina, OH 44256

330-723-9688

www.medinahealth.org

The Medina County Health Department works to prevent, promote, and protect the health of Medina County residents. Our Health Center provides medical and dental care, with or without insurance.

CONTINUED ON NEXT PAGE



Medina County
board of developmental disabilities

Helping families throughout life's challenges

Ages 0-2 <ul style="list-style-type: none"> • Development Screenings • Physical Therapy • Occupational Therapy • Speech Therapy • Parent Coaching • In-Home Support • Family Resources 	Ages 3-22 <ul style="list-style-type: none"> • Education • Therapies • Family Education • IEP Development • Support Groups • Behavior Support 	Ages 23 and up <ul style="list-style-type: none"> • Employment Training • Housing • Life Skills • Transportation • Adult Life Planning • Financial Planning • Recreation 	Lifetime Help <ul style="list-style-type: none"> • Community Inclusion • Health and Safety Concerns • Supportive Technology • Community Resources • Family Support
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MCBDD Website

330.725.7751 | www.mcbdd.org

Agencies, Assistance & Resources

CONTINUED

MEDINA COUNTY JOB & FAMILY SERVICES - ADULT PROTECTIVE SERVICES

232 Northland Drive
Medina, OH 44256

330-661-0802

www.MCJFS.us

Adult Protective Services - responding to abuse/neglect concerns of adults age 60 and over living in the community. Assessing/referring for services. Medicaid programs for nursing home waiver and community, food assistance, cash assistance, transportation and childcare.

MEDINA COUNTY DISTRICT LIBRARY

210 South Broadway Street
Medina, OH 44256

330-722-6235

www.mcdl.info/outreach

MCDL's Outreach Services provides and enhances access to library materials and services for those with limited physical access to our libraries through home delivery or Bookmobile stops and memory-care programming.

MEDINA COUNTY MENTAL HEALTH & RECOVERY BOARD

246 Northland Drive, Suite 100
Medina, OH 44256

330-723-9642

www.MedinaMentalHealth.com

The Medina County Mental Health & Recovery Board assures that mental health and substance use services are available to county residents.

DIRECTORY RESOURCE

Outreach Services

Have difficulty
coming to the library?
Home delivery service
may be right for you.

mcdl.info/Outreach
330-722-2590



**Medina County
District Library**

MEDINA COUNTY PROBATE COURT

93 Public Square
Medina, OH 44256

330-725-9707

www.MedinaProbate.org

Services for the senior community includes guardianships, conservatorships, estates, trusts, marriage licenses, and the Volunteer Guardianship Program for incompetent, indigent adults.

MEDINA COUNTY SENIOR & ADULT SERVICES

*(Formerly the Medina County Office for
Older Adults)*

246 Northland Drive, G-20
Medina, OH 44256

330-723-9514

www.mcsas.org

Medina County Senior and Adult Services will offer support to older adults and adults with a disability to live independently and safely within their own homes and community.

MEDINA COUNTY VETERANS SERVICE OFFICE

210 Northland Drive
Medina, OH 44256

330-722-9368

www.MedinaCountyVeterans.org

The Medina County Veterans Service Office has a mission to provide temporary aid and assistance to veterans, dependents and widows in time of need and provide assistance when submitting claims to the Department of Veterans Affairs (VA).

OSHIIP

1-800-686-1578

www.insurance.ohio.gov

Ohio's free health insurance counseling services.

CONTINUED ON NEXT PAGE



**We're So Glad
You're Here**



Medical. Dental. Behavioral Health Support.

medinahealth.org

- In-person & telehealth appointments available
- Providers can see people of all ages with or without insurance

330-723-9688, option 1

Medina & Wadsworth Locations



Services are partially funded by your local health levy. This institution is an equal opportunity provider.

Agencies, Assistance & Resources

CONTINUED

SOCIAL SECURITY ADMINISTRATION & S.S.I.

4035 North Jefferson Street
Medina, OH 44256

1-866-613-2774

<http://ssa.gov>

Retirement, survivors, disability and supplement security income (SSI) benefits and services.

UNITED WAY OF MEDINA COUNTY

23 Public Square, Suite L-1
Medina, OH 44256

330-762-7601

www.UnitedWayMedina.org

We bring people together to collaborate, build consensus and share resources to change our community.

VANTAGE AGING

388 South Main Street, Suite 325
Akron, OH 44311

330-618-2955

www.VantageAging.org

For 50 years, Vantage Aging has been dedicated to offering programs that empower older adults to live healthy, independent lives with purpose and dignity. The AmeriCorps Seniors Retired and Senior Volunteer Program (RSVP) through Vantage offers an incredible opportunity for individuals aged 55 and older to make a lasting difference in their communities. Serving across Summit, Medina, Geauga, Wayne, Delaware, Franklin, and Hamilton Counties, Vantage Aging RSVP connects volunteers with local organizations in need, leveraging their unique skills, experiences, and passions. As the nation's leading volunteer network for older adults, RSVP empowers volunteers to engage meaningfully, strengthening their communities while fostering a deeper sense of purpose and fulfillment.

WADSWORTH OLDER ADULTS FOUNDATION

617 School Drive
Wadsworth, OH 44281

330-335-1513

www.WadsworthOlderAdultsFoundation.org

To be proactive in providing supplemental support to the programs and services affiliated with the Wadsworth Center for Older Adults.

WESTERN RESERVE AREA AGENCY ON AGING (WRAAA)

1700 East 13th Street
Cleveland, OH 44114

216-621-0303

www.AreaAgingSolutions.org

The Western Reserve Area Agency on Aging (WRAAA) is dedicated to enhancing the quality of life for older adults and individuals with disabilities. WRAAA provides choices for people to live independently in the place they want to call home.



24/7 NURSING CARE
HOSPICE AND PALLIATIVE CARE
FULL-SERVICE THERAPISTS
RESPITE CARE
UPSCALE AMENITIES
ALL PRIVATE ROOMS
REHABILITATION GYM



699 EAST SMITH ROAD | MEDINA | 330-721-7001 | AvenueAtMedina.com

Alzheimer's & Dementia Care / Memory Care Facilities

ALZHEIMER'S ASSOCIATION

23215 Commerce Park, Suite 300
Beachwood, OH 44122

216-342-5556

www.alz.org

Provides free care and support services to the 60,000 people living with Alzheimer's and other forms of dementia, as well as their 250,000 caregivers in the 17 counties served. More than 3,500 individuals are affected by memory loss in Medina County.



ARDEN COURTS OF PARMA

9205 Sprague Road
Parma, Ohio 44145

440-886-5858

ARDEN COURTS OF BATH

171 North Cleveland Massillon Road
Akron, Ohio 44333

330-668-6889

Arden Courts ProMedica Memory Care Communities cater to the needs of individuals with memory loss. Staffed by specially trained caregivers, Arden Courts cares for individuals diagnosed with Alzheimer's disease and related dementias. Our communities have safe and comfortable common spaces, kitchens, family rooms, and walking paths for residents.

BROADWAY CREEK ESTATES

1049 North Jefferson Street
Medina, Ohio 44256

330-764-3877

www.SinceriSeniorLiving.com

Assisted Living and Memory Care community with a cozy, "home-like" atmosphere. Accepting Medicaid spenddown residents.

BROOKDALE MEDINA SOUTH

100 High Point Drive
Medina, OH 44256

330-723-0110

www.brookdale.com

For seniors who need a little more day-to-day assistance with everything from daily living tasks and basic care to recreational activities and transportation.



Come Check Out Our Freshly Renovated Community at Broadway Creek Senior Living!

At Broadway Creek Senior Living, we are dedicated to providing personalized care, specifically tailored to each resident's unique needs throughout the aging experience. Come visit us at the most affordable Assisted Living community in the area!

Schedule A Tour Here:



330-764-3877



1046 Jefferson Street | Medina OH 44236



Helping Medina county older adults age safely in place has been our specialty for more than 25 years!

To us, it's not a job,
it's our *passion*

Call (330) 334-4664 or visit
[HomeInstead.com/181](https://www.HomeInstead.com/181)



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Services

- Personal Care
- Companionship
- Meal Prep
- Transportation
- Hospice Support
- Memory Care
- Arthritis Care
- Diabetes Care
- Chronic Conditions Support

Alzheimer's & Dementia Care / Memory Care Facilities

CONTINUED

LIFE CARE CENTER OF MEDINA

2400 Columbia Road
Medina, OH 44256

330-481-3131

<https://lcca.com/locations/oh/medina>

Skilled nursing & rehab/memory care.

MEDINA CENTER FOR REHABILITATION & NURSING

555 Springbrook Drive
Medina, OH 44256

330-725-3393

www.MedinaRehabNursing.com

Skilled nursing and long-term care

WESTERN RESERVE MASONIC COMMUNITY

4931 Nettleton Road
Medina, OH 44256

330-721-3000

www.omcoh.org/wrmc

We offer a full continuum of care - Garden Villas, Independent Living, Assisted Living, Memory Care (assisted living) Health Care Center and Short-Term Rehabilitation.

Assisted Living Communities

BROADWAY CREEK ESTATES

1049 North Jefferson Street
Medina, Ohio 44256

330-764-3877

www.SinceriSeniorLiving.com

Assisted Living and Memory Care community with a cozy, "home-like" atmosphere. Accepting Medicaid spenddown residents.

BROOKDALE CAMELOT MEDINA

49-A Leisure Lane
Medina, OH 44256

330-723-5825

www.brookdale.com

BROOKDALE MEDINA SOUTH

100 High Point Drive
Medina, OH 44256

330-723-0110

www.brookdale.com

For seniors who need a little more day-to-day assistance with everything from daily living tasks and basic care to recreational activities and transportation.

CONTINUED ON NEXT PAGE



Life Care Center of Medina

A nursing home and rehabilitation center with secured Alzheimer's and dementia care.



(330) 483-3131
2400 Columbia Road
Medina, OH 44256
lcca.com/locations/oh/medina

WORD SEARCH

Brought to you by: **Life Care** because **We Care!**

A	I	Y	L	O	N	B	E	E	G	S	M
L	F	T	G	I	B	Z	E	H	N	J	E
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ALZHEIMERS

BEST

DEMENTIA

LIFECARE

LOVE

MEDINA

NURSINGHOME

PARKINSONS

TOUR

Assisted Living Communities

CONTINUED

DANBURY SENIOR LIVING

3430 Brunswick Lake Parkway
Brunswick, OH 44212

330-460-4244

www.DanburySeniorLiving.com

Offering resort-style independent living, assisted living, and memory care. Stroll the adjacent walking trail to local retail stores and restaurants.

ECHELON SENIOR LIVING

635 North Huntington Street
Medina, OH 44256

330-591-2777

[www.EchelonSeniorLiving.com](http://www.EchelonSeniorCare.com)

Echelon of Medina senior living campus includes independent living, assisted living and memory care. Comfort, care and community are hallmarks of the Echelon experience, providing a seamless continuity from independent to assisted living all on the same campus.

MEDINA COUNTY HOME

6144 Wedgwood Road (RT 162)
Medina, OH 44256

330-723-9551

www.MedinaCountyHome.com

Offering residential/custodial care and Adult Day Care. Promote and maintain the highest level of independence possible. Amenities include full laundry and cleaning services, assistance with daily living skills.

PLUM CREEK ASSISTED LIVING COMMUNITY

891 Marks Road
Brunswick, OH 44212

330-220-4900

<https://PlumCreekSeniorLiving.com>

Plum Creek Assisted Living is designed so our residents can age in place! Our multi-disciplinary care teams include Physicians, Nurse Practitioners, Registered Nurses, and Licensed Nurses who provide ongoing care, management and lots of support!

THE VILLAGE OF ST. EDWARD

880 Main Street
Wadsworth, OH 44281

234-217-8735

<https://VSEcommunities.org>

Beyond offering the safe, secure environment your loved ones require, we are dedicated to offering privacy, dignity, independence and a true sense of belonging for every one of our residents. For over 50 years we've been providing faith-based care to seniors and their families as they progress through all stages of life.

WESTERN RESERVE MASONIC COMMUNITY

4931 Nettleton Road
Medina, OH 44256

330-721-3000

www.omcoh.org/wrmc

We offer a full continuum of care - Garden Villas, Independent Living, Assisted Living, Memory Care (assisted living) Health Care Center and Short-Term Rehabilitation.

Join us
at the
Village

Thrive in a
Community
Built on
Faith &
Compassion



Discover a place where compassionate care is at the heart of everything we do. The Village of St. Edward offers a supportive, faith-based community where residents receive attentive care tailored to their unique needs. We provide a safe and nurturing environment where families feel peace of mind, and residents feel right at home.



Not for
profit.
Faith based.
Locally
operated.

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE • NURSING CARE

FAIRLAWN
3131 Smith Road, Fairlawn,
330-668-2828

WADSWORTH
880 Main Street, Wadsworth,
234-217-8735

GREEN
3813 Fortuna Drive, Akron,
234-294-0010

BRIMFIELD
Coming Soon

vsecommunities.org

Audiology & Counseling

HEARING LIFE OF MEDINA

2736 Medina Road, Suite 211B
Medina, OH 44256

330-241-4907

www.HearingLife.com
contact-us@HearingLife.com

We offer hearing assessments and hearing aids at our Medina, OH Hearing Aid Center.

INPSYCHFUL MINDS LLC

445 West Liberty Street, Suite 226
Medina, OH 44256

234-802-9180

www.InPsychfulMinds.com

Committed to delivering comprehensive psychiatric services in long term care, In-Psychful Minds strives to provide personalized care and support to individuals in need.

PIN A POINT AUDIOLOGY

440-865-0636

www.PinapointAudiology.com
cpowers@PinapointAudiology.com

Dr. Chelsea Powers: Mobile doctor of audiology who provides hearing care services in the comfort of your home.

Care Selection & Referral Services

ASSISTED LIVING LOCATORS

P.O. Box 13787
Fairlawn, OH 44134

330-222-5136

AssistedLivingLocators.com/Akron

Assisted Living Locators® offers free, personalized guidance to seniors and families, helping them navigate senior living options. Our local advisors provide expert, unbiased support to find the best care solutions.

CARE PATROL OF NORTH CENTRAL OHIO

PO Box 39359
North Ridgeville, OH 44039

216-308-4003

www.NCohio.CarePatrol.com

We help families find assisted living, independent living, memory care and in-home care. We review the care and violation history of the communities we work with. We tour with our clients to our recommended facilities much like a realtor shows families new homes. We are a FREE community service!

HAND IN HAND PATIENT ADVOCATES

330-461-0225

www.HandInHandPatientAdvocates.com
sandy@HandInHandPatientAdvocates.com

Hand in Hand Patient Advocates provides personalized support and guidance to patients navigating the complexities of the healthcare system. Our experienced advocates work closely with individuals and families to ensure they fully understand their medical options, manage healthcare logistics, and communicate effectively with healthcare providers.

OASIS SENIOR ADVISORS

14751 Regency Drive
Strongsville, OH 44149

330-441-2935

www.OasisSeniorAdvisors.com/strongsville-medina-akron

Oasis Senior Advisors helps families find senior living options for their loved ones, for free. Compassionate and knowledgeable advisors work alongside you to assess your health and financial situation and determine the communities and care levels that will be the right fit for you or your loved one.



RECEIVE HEARING CARE IN THE COMFORT OF YOUR HOME!

Our Doctor of Audiology will come to you for:

- Hearing Aid Selection and Fitting
- Custom Ear Plugs and Hearing Protection
- Hearing Aid Programming and Adjustments
- Ear Wax Removal
- Hearing Aid Cleaning
- Assistive Listening Devices
- Comprehensive Hearing Exam

Phone: **(440) 865- 0636**

Email: cpowers@pinapointaudiology.com

Website: pinapointaudiology.com



Western Reserve

Area Agency on Aging

Contact the Aging & Disability Resource Center (ADRC) to access the services that you or someone you know may need:

- Assisted Living
- Case Management
- Chore Service
- Family Caregiver Support Program
- Home-Delivered Meals
- Information & Referral
- PASSPORT
- Transportation

For more information call:

216.621.0303 or 800.626.7277

or visit: www.areaagingsolutions.org

Serving Cuyahoga, Geauga, Lake, Lorain and Medina Counties.

Western Reserve Area Agency on Aging provides choices for people to live independently in the place they want to call home.

Downsizing, Relocation & Real Estate



♥ *Realtors with Heart* ♥

Let's face it, moving is hard for everyone!
Our promise is to take the stress off your plate so you can focus on your well being, on your terms.

Discounted Commission Rates
 NO Extra Brokerage Fees
 Short-Term Listing Contracts
 Open Houses & Yard Signs Optional
 NO Pressure Sales Approach
 Professional Photography Included
 We Sell Most Homes in AS-IS Condition
 Connecting You & Your Family to
 Resources Including Senior
 Community Advice & Guidance



Nicolette Kuebeler
 Broker | Owner | REALTOR®
 SRES – Senior Real Estate Specialist

Cell# (330) 322-3637
 LifeStagesRealty@gmail.com
 www.LifeStagesRealty.net

HOME AGAIN TRANSITIONS

19750 Mosher Road
 Wellington, OH 44090

440-213-1068

www.HomeAgainTransitions.com

We are a Senior Move Management company providing solutions for seniors' moving transitions, downsizing, and aging in place needs including space planning, packing / unpacking and settling in, liquidation, decluttering and organizing, photo and media digitization, and custom legacy book services.

JANET GOMMEL (HOWARD HANNA)

3565 Medina Road
 Medina, OH 44256

Office: 330-242-2020

Cell: 330-242-2020

www.JanetGommel.HowardHanna.com
 JanetGommel@HowardHanna.com



As a Real Estate Broker & Senior Real Estate Specialist I am better educated for your specific concerns and needs that


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Buying and Selling a Home? Contact the Best!

A house is a building, a home is your haven. You need a REALTOR® who will listen and communicate effectively. Someone who is dependable and patient as well as knowledgeable and willing to give you honest opinions so that you can sell or purchase with confidence. The REALTOR® that will offer you the best tools to keep you paramount in the market place.

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Real Estate Services

Downsizing, Relocation & Real Estate

CONTINUED

begin with the initial consultation and decision-making process through the final move. Once you have made decisions, my unwavering commitment to you as my client will focus on a smooth and stress-free transition and sale of your current home using my known and trusted network of service providers. Serving the Medina, Wayne, Summit, Lorain, and Cuyahoga areas.

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Jenifer Hartzler

330-749-0930

www.JennsDownsizing.com

JennsDownsizing@Gmail.com

Are you looking to de-clutter, organize, or are you thinking about downsizing to a new living situation? I can assist with all 3 activities. Located in Sterling, just south of Seville.

Jenn's Downsizing

KELLER WILLIAMS / OH HOME TEAM

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Cell: 440-552-7842

KWelevateAgents@gmail.com

Pamela Holley & Cindy Otonoga

At OH Home Team, Pamela and Cindy specialize in helping individuals 50+ confidently navigate the downsizing process. They simplify every step, ensuring a smooth transition so you can embrace the exciting adventures that await!

LIFE STAGES REALTY

Cell: 330-322-3637

www.LifeStagesRealty.net

LifeStagesRealty@Gmail.com

Our caring and compassionate Realtors are all SRES® designated as Senior Real Estate Specialists. We are committed to get you the value you deserve so you can enjoy the next chapter in your life.

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MAJOR CLEANOUT

Kelly Barnes

BarnesNAF@Gmail.com

Clean out, hauling and junk removal.

SMOOTH TRANSITIONS CLEVELAND

2800 Center Road
Brunswick, OH 44212

216-381-7418

www.Cleveland.SmoothTransitions.com

We help seniors pack what is selected to keep, move precious items with care, unpack in their new home along with assisting with estate dispersal & liquidation, donation drop-off, and trash haul.

MEDINA COUNTY VETERANS SERVICE OFFICE



VETERANS AND ELIGIBLE FAMILY MEMBERS

Need help applying for your veterans' benefits?
Want to know what you're eligible for?
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OUR SERVICES ARE FREE

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210 NORTHLAND DRIVE | MEDINA | 330-722-9368

Email: Veterans@MedinaCountyVeterans.org



Extended Care Facilities, Nursing Homes, Rehabilitation & Therapy

AVENUE AT MEDINA

699 East Smith Road
Medina, OH 44256

330-721-7001

www.AvenueAtMedina.com

We offer a full continuum of care, from temporary respite care, to long-term skilled nursing, to hospice services. We also provide exceptional short-term rehabilitation and a range of specialty programs and complex clinical services.



BROOKDALE CAMELOT MEDINA

49-A Leisure Lane
Medina, OH 44256

330-723-5825

www.brookdale.com

BROOKDALE MEDINA SOUTH

100 High Point Drive
Medina, OH 44256

330-723-0110

www.brookdale.com

For seniors who need a little more day-to-day assistance with everything from daily living tasks and basic care to recreational activities and transportation.



BRUNSWICK POINTE TRANSITIONAL CARE

4355 Laurel Road
Brunswick, OH 44212

330-741-8000

wwwFOUNDATIONSHealth.net

A 91-Bed skilled nursing and transitional care facility located in the heart of Brunswick. We are proud to offer a calm, relaxing and upscale environment dedicated to enhancing ones healing and recovery. Some of the clinical capabilities we provide are Respiratory and Pulmonary program, Chronic Disease management, Short Term Rehabilitation, skilled nursing and so much more. Brunswick Pointe Transitional care is located on the corner of Laurel and Pearl Road.

CARECORE AT WILLOWOOD

1186 Hadcock Road
Brunswick, OH 44212

330-225-3156

www.CarecoreHealth.com/willow-wood

Willowood's staff is well recognized for clinical excellence and commitment to quality patient care. They provide Occupational, Physical, and Speech Therapy to both in-patient and outpatient customers. Our nurses are licensed and certified in Intravenous Therapy. They will work closely with your personal physician to deliver IV therapy to treat a variety of conditions.

COMMUNICARE COPLEY HEALTH CENTER

155 Heritage Woods Drive
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330-666-0980

www.CommunicareHealth.com

Holistic wellness is a focus in our Copley facility, with both emotional and physical well-being prioritized in our senior care services. Our unique approach results in a supportive environment and excellent experience for our guests, residents, and their families.

We're always here to lend a helping hand.

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AT WILLOWOOD

Our dedicated professionals work together to deliver excellence in skilled nursing care in a comfortable atmosphere designed to make residents and their family members feel at home.

BEST NURSING HOMES
US News
SHORT-TERM REHABILITATION
2024

1186 HADCOCK ROAD
BRUNSWICK / 330-225-3156

CONTINUED ON NEXT PAGE

Extended Care Facilities, Nursing Homes, Rehab & Therapy CONTINUED

COMMUNICARE FALLING WATER HEALTH CENTER

18840 Falling Water Road
Strongsville, OH 44136

440-238-1100

www.CommunicareHealth.com

Falling Water Healthcare Center offers short-term recovery, senior rehabilitation services and long-term care with programming focused on your or your loved one's emotional and physical wellness. Our skilled nursing services use a holistic approach to healing where every guest is given the opportunity to thrive. We strive to create a supportive environment and excellent experience for our guests, residents and their families.

DIVINE REHAB & NURSING AT PEARLVIEW

4426 Homestead Drive
Brunswick, OH 44212

330-225-9121

www.DivinePearlview.com

Divine at Pearlview is a post-hospital rehabilitation and skilled nursing care facility that offers comprehensive Post-Acute Recovery programs in a quaint, home like atmosphere. Our facility provides some of the area's highest level of rehabilitation, nursing and medical support to individuals needing post-hospital care and services.

LIFE CARE CENTER OF MEDINA

2400 Columbia Road
Medina, OH 44256

330-481-3131

<https://lcca.com/locations/oh/medina>

Skilled nursing & rehab/memory care.

MEDINA CENTER FOR REHABILITATION & NURSING

555 Springbrook Drive
Medina, OH 44256

330-725-3393

www.MedinaRehabNursing.com

Skilled nursing and long-term care

MOMENTOUS HEALTH (BLUE STREAM REHAB)

4360 Brecksville Road
Richfield, OH 44286

330-659-6166

<https://momentoushc.com/momentous-health-at-richfield>

72 Bed Skilled Nursing Facility providing Short Term Rehabilitation, Long-Term Care and Respite Care.

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HEALTH SOLUTIONS

Food Pantries

FEEDING MEDINA COUNTY

650 West Smith Road, Suite C-8
Medina, OH 44256

330-421-4816

www.FeedingMedinaCounty.org

Feeding Medina County's mission is to nourish our neighbors in need. We offer emergency walk in services as well as distributions four times/month throughout Medina County. To learn more about how to set up an appointment or to see the distribution calendar visit; feedingmedinacounty.org or call us at (330) 421-4816.

LODI FAMILY CENTER

301 Mill Street
Lodi, OH 44254

330-302-4182

www.LodiFamilyCenter.org

Providing food and resources for families in need. We offer one-a-month Online ordering! We can help if you ever have a food emergency.

Funeral Homes

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2089 Columbia Road
Valley City, OH 44280

330-483-3300

www.BauerFuneralHome1943.com

A family owned funeral home since 1947. Pre-planning, traditional funeral services, cremation, urns & caskets, military honors and grief support.

WAITE FUNERAL HOMES

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Medina, OH 44256

Medina: 330-723-3229

Brunswick: 330-225-1770

www.WaiteFuneralHome.com

Family-owned since 1902, Waite Funeral Homes provides compassionate, personalized funeral and cremation services to Medina County families. Our experienced team is here to honor your loved one with excellence and compassion.

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www.BauerFuneralHome1943.com

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765 N. Court St.
Medina, OH 44256

Brunswick Chapel
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3300 Center Road
Brunswick, OH 44212



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ComfortKeepers.com

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ARCHANGELS SPECIALTY HOME CARE

Sherry Cassily, Owner

PO Box 612

Valley City, OH 44280

Office: 833-272-4227

Direct: 330-460-9236

wecare@ArchangelsHomeCare.com

ArchangelsHomeCare.com

Archangels Specialty Home Care provides personalized care for elderly and ill individuals, ensuring comfort, safety, emotional and physical well-being, and quality of life. We do not have any minimum hours required.

COMFORT KEEPERS

1213 Medina Road, Suite B
Medina, OH 44256

234-248-4388

www.ComfortKeepers.com/offices/ohio/medina

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1002 Pearl Road
Brunswick, OH 44212

330-220-9700

www.GriswoldCare.com

info@ghcmedina.com

Griswold provides compassionate in-home care for those who want support to live where they love.

HOME INSTEAD

One Park Center Drive, Suite 102
Wadsworth, OH 44281

330-334-4664

www.HomeInstead.com/181

Home Instead is a private duty agency that has cared for Medina County Seniors for more than 27 years! Simply stated, we help seniors age safely at home, wherever home might be!

HOME MATTERS CAREGIVERS

1-800-831-7723

440-414-3449

<https://HomeMatters.com>

In-home senior care.

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MEDINA FAMILY PHARMACY

— AND COMPOUNDING LAB —

Medina Family Pharmacy is dedicated to providing personalized care and exceptional service. As a locally owned pharmacy, we enhance the health and well-being of our community. We focus on individualized care, ensuring each patient receives the attention and tailored treatments they need. Our mission is to foster a healthier community through compassionate service, innovative solutions, and a commitment to excellence.

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330-723-0300

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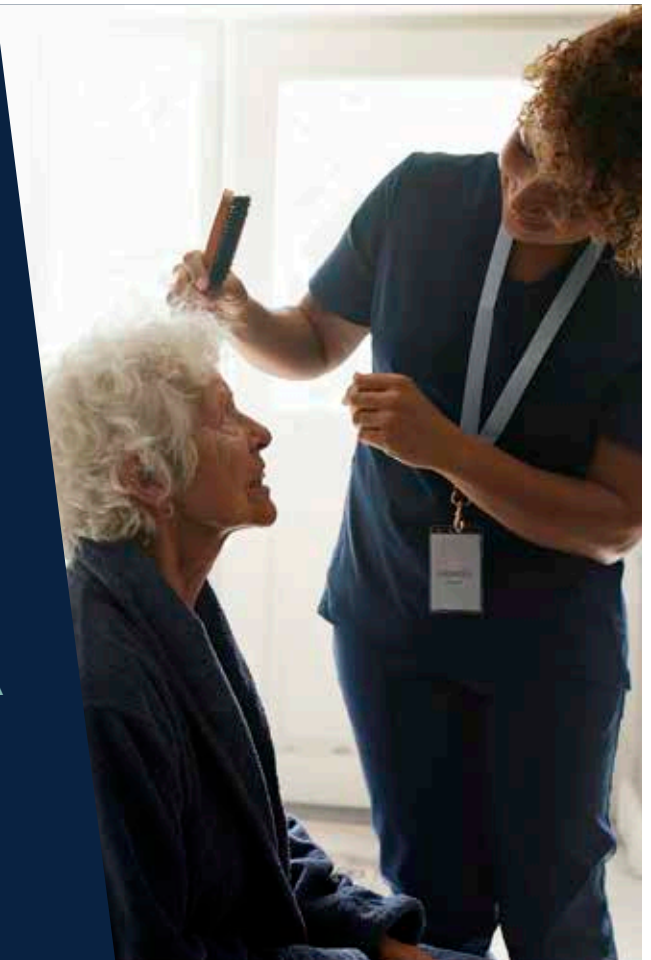
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THE CARE YOU NEED, AT HOME, **BY ANGELS**



Medina 330-723-0300
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DIRECTORY RESOURCE

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7951 Pittsburg Avenue NW
 North Canton, OH 44720

330-491-8161

www.AdvantageHomeHealthServices.com

Providing nursing, therapy services and geriatric care management to patients in the comfort of their own homes.

ANGELS CARE HOME HEALTH

3480 West Market Street, Suite 305
 Fairlawn, OH 44333

330-835-9663

www.AngelsCareHealth.com

Angels Care is a Medicare-Certified Home Health agency providing quality home health care services by offering caring and compassionate service focused on each patient's unique needs.

CENTERWELL HOME HEALTH

1-844-428-7184

www.CenterwellHomeHealth.com

Our expert teams of nurses and therapists will work together with you, your family and your healthcare providers to create a personalized care plan.

CLEVELAND CLINIC CENTER FOR CONNECTED CARE

6801 Brecksville Road, Suite 10
 Independence, OH 44131

216-444-4663

<https://my.clevelandclinic.org/departments/connected-care>

Clinical programs to help patients with post-hospital needs. Home Care, Hospice, Home Infusion Pharmacy, Home Respiratory Therapy, Mobile Primary-Care Physician Group Practice, and Facility-based (SNF and LTAC) Physician Group Practice.

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 Uniontown, OH 44685

330-734-6015

www.PatriotAtHome.org

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(Facilities / Services in-Home)

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North Olmsted, OH 44070

440-377-6037

<https://BuckeyeHospiceCare.com>

Our mission is to provide families and their loved ones with exceptional hospice care wherever you call home. We can help keep you or your loved one in the comfort of where they call home receiving the comfort care they so highly deserve. We provide 24/7 nursing and aide services, social work and chaplain services, bereavement care for up to 1 year after discharge, and volunteer services to help assist the caregiver.

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3743 Boettler Oaks Drive
Green, OH 44685

330-417-8085

www.CrossroadsHospice.com

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6100 Rockside Woods Blvd North
Suite 440, Independence, OH 44131

216-400-9055

<https://EchoCleveland.com>

We understand people are more than just a diagnosis or disease, therefore we offer a holistic approach to care, centered around the mind, body, and spirit. Echo Hospice empowers the whole family to be active participants in their hospice and healthcare journey. We accomplish this through individualized and unique care planning, continuous support, and education for informed decision-making. We feel privileged to be a part of each patient's journey and respect the decisions you make along the way.

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25825 Science Park Drive, Suite 255
Beachwood, OH 44122

216-232-9980

<https://HarmonyHospiceOhio.com>

Harmony Hospice Care provides a complete range of caring and compassionate hospice services to residents of the greater Cleveland area. Our team encompasses a broad range of expertise and disciplines to address a comprehensive range of needs: physicians, nurses, aides, pain management specialists, dietitians, social workers, chaplains and clergy members.

HOSPICE OF THE WESTERN RESERVE

5075 Windfall Road
Medina, OH 44256

330-722-4771

www.hospiceWR.org/medina

Hospice of the Western Reserve provides palliative and end-of-life care, caregiver support, and bereavement services throughout Northern Ohio. We strive to relieve suffering, enhance comfort, promote quality of life, foster choice in end-of-life care and support effective grieving.

SUNCREST HOSPICE

6500 Rockside Road, Suite 130
Independence, OH 44131

216-859-9020

www.SuncrestCare.com

If your loved one is nearing the end of life and you'd like to help them make the most of the time they have left, contacting Suncrest for hospice care at home is a good way to accomplish that objective. We'll prioritize their wishes, doing whatever we can to ensure their comfort, dignity and happiness in their final days.

TRADITIONS HEALTH

677 Alpha Drive, Suite H
Highland Heights, OH 44143

440-386-2500

www.TraditionsHealth.com

Hospice and palliative services. Helping patients have the best quality of life possible surrounded by the people they love. Support. Assurance. Comfort. Hospice care is about living! We walk with the patient and their loved ones each step of the way.

Independent Living Community

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3430 Brunswick Lake Parkway
Brunswick, OH 44212

330-460-4244

www.DanburySeniorLiving.com

Offering resort-style independent living, assisted living, and memory care. Stroll the adjacent walking trail to local retail stores and restaurants.



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635 North Huntington Street
Medina, OH 44256

330-591-2777

www.EchelonSeniorCare.com

Echelon of Medina senior living campus includes independent living, assisted living and memory care. Comfort, care and community are hallmarks of the Echelon experience, providing a seamless continuity from independent to assisted living all on the same campus.

WESTERN RESERVE MASONIC COMMUNITY

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Medina, OH 44256

330-721-3000

www.omcoh.org/wrmc

We offer a full continuum of care - Garden Villas, Independent Living, Assisted Living, Memory Care (assisted living) Health Care Center and Short-Term Rehabilitation.

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Attorneys Marc Herrick and Matthew Aberegg provide legal counsel to businesses, HNW individuals, and real estate developers. They manage succession and estate planning, nuptial agreements and marriage dissolution, and mediation.

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www.LaribeeLaw.com

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LONG TERM CARE OMBUDSMAN

8111 Rockside Road, Suite 250
Valley View, OH 44125

1-800-365-3112

www.ltco.org

Long Term Care Ombudsman advocate for excellence in long-term care quality of life and quality of care. We investigate concerns,

improve communication, and educate regarding resident's rights and resources. LTCO advocates for those with MYCARE Ohio. LTCO is an Elder care advocate (non-legal.)



CRITCHFIELD
Elder Law
Trust and Estate Planning

www.ccj.com



Ann Salek is certified as a Specialist in **Estate Planning, Trust and Probate Law** by the Ohio State Bar Association and is one of only 38 attorneys in the State of Ohio to have attained certification as an **Elder Law Attorney (CELA)** through the National Elder Law Foundation and the Ohio State Bar Association.

Ann is skilled, knowledgeable, and experienced in all the legal ins-and-outs of elder law, long-term care planning including Medicaid and VA planning, capacity assessment, guardianships, powers of attorney, and advance directives, as well as general estate planning, trust and probate law.

Critchfield, Critchfield & Johnston, Ltd.

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Marie Edmonds



Ashley Sorgen

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Marie@MarieEdmonds.com | Ashley@MarieEdmonds.com

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ENCOMPASS THE WORLD TRAVEL

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330-225-0600

<https://EncompassTheWorldTravel.com>

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Medina, OH 44256

330-722-6186

www.MainStreetMedina.com

Main Street Medina is leading the effort for preservation, economic sustainability & continued evolution of Medina's Historic District as the heart of the community.



Pharmacy

MEDINA FAMILY PHARMACY

3705 Medina Road, Suite C
Medina, OH 44256

330-486-8396

www.MedinaFamilyPharmacy.com

Medina Family Pharmacy is dedicated to providing personalized care and exceptional service. As a locally owned pharmacy, we enhance the health and well-being of our community. We focus on individualized care, ensuring each patient receives the attention and tailored treatments they need. Our mission is to foster a healthier community through compassionate service, innovative solutions, and a commitment to excellence.

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Pharmacy & wellness clinic.

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330-225-3100

www.HomesteadInsurance.com

We are focused on helping seniors with: Medicare Supplement and Medicare Advantage Plans, Medicare Part-D Plans, Life Insurance/Critical Care Asset Protection, Long-Term Care and Fixed Annuities.

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www.MedicarePlansNEO.com

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MEDI ADVISORS OF OHIO

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MY HEALTH ARCHITECT

Dave Sambor

<https://MyHealthArchitect.com>

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CONTINUED ON NEXT PAGE



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Senior Centers

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- Educate Medina County residents about different types of scams.
- Encourage Medina County residents to report scams.
- Share scam reports with the agency best-suited to investigate.



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