







Monday-\$2	Tuesday	Wednesday-Free	Thursday	Friday-\$5.00
 MEDINA COUNTY SENIOR & ADULT SERVICES		1 Center Closed 	2	3 10:30:  Senior Karoke  11:30 Turkey & Stuffing Bake Vegetables, Roll, Dessert
6 Tuna Salad Sandwich Chicken Noodle Soup Fruit, Cookie	7 	8 10:30: Volunteer Opportunities Kyle from Big Brothers 11:30: Lunch provided by Avenue of Medina	9	10 10:30: Foot Care & Measuring by Gentle Soles 11:30 Italian Sausage Pasta Vegetables, Roll, Dessert
13 Cream Of Mushroom Soup Deli Sandwich Fruit, Cookie	14	15 10:30: Retirement Planning by Teresa Wheeler 11:30: Lunch provided by Medina Center for Rehab	16 	17 10:30: The 1969 Cuyahoga River Burning by Ed Kelly 11:30 Chicken & Dumplings Vegetables, Roll, Dessert
20 Center Closed for Martin Luther King Jr. Day 	21 	22 10:30 Putting Your House in Order Carlson Funeral Home 11:30: Lunch Provided by Carlson Funeral Home	23	24 10:30: First Aid: Stop the Bleed by Medina LST 11:30 Taco Casserole Vegetables, Roll, Dessert
27 Chicken Salad Sandwich Vegetable Soup Fruit, Cookie	28	29 10:30: Aging in Place by Alert Care Medical Systems Provided by Brookdale South	30 	31 Disco Party 10:30: Entertainment by Hearing Life 11:30 Sweet & Sour Meatballs Rice, Vegetables, Ambrosia Salad

Lunch served 11:30-11:50

Menu subject to change

Medina County Senior Adult Services
246 Northland Dr. Medina

January 2025
Lunch Menu

Office # 330-723-9514

[This Photo](#) by Unknown Autho

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