

Monday-\$2	Tuesday	Wednesday-Free	Thursday	Friday-\$5.00
		1 11:00 Talk About Your Vision w/ Dr. Kammer O.D.  11:30 Lunch by Life Care	2	3 11:00 Family Feud by SSN Community Outreach 11:30 Meatballs in Mushroom Gravy Noodles, Vegetable, Dessert
6 Homemade Stuffed Pepper Soup Turkey Sandwich Fruit	7	8 11:00 Everything you always Wanted to Know About History by Jim Duffy 11:30 Lunch by Medina Center	9 	10 <b><u>Picnic on the Patio 11-1</u></b> Hot Dog Cold Salad, Chips, Dessert & Drink Music by: Frank & Dean Sponsor: Life Care/Compassionate Care Hospice 
13 Homemade Chicken Soup Pulled Pork Sandwich Fruit	14 	15 11:00 Wits & Wisdom Part 2 by OSU Ext. Office 11:30 Lunch by Avenue	16	17 11:00 Jolly Jammers Concert  11:30 Chicken & Mashed Potatoes Corn and Dessert
20 Center Closed 	21	22 11:00 Lunch & Learn Provided by Baron Law Advanced Directives	23 	24 <b><u>Picnic on the Patio 11-1</u></b> Cheeseburger Cold Salad, Chips, Dessert & Drink Music by: Chad Hoffman Sponsor: Avenue at Medina 
27 Homemade Vegetable Soup Chicken Salad Sandwich Fruit	28 	29 11:00 Lunch & Learn Provided by Brookdale North & South Secrets of the Mediterranean Diet	30	

# JUNE 2022 WRAAA MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of 1% Milk or Buttermilk <b>Menu Approved By:</b>  <i>Ann Stahlheber MS, RDN, LD</i> *=Take Temperature of Milk and all food preceded by an asterisk		1	2	3
			*Beef Meatloaf 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Creamed Spinach ½ c 2 Whole Grain Wheat Sliced Peaches ½ c  ATL = CBG T	
6	7	8	9	10
	*Stuffed Cabbage 6 oz *w/Sauce 2 oz *Mashed Potatoes ½ c *California Blend ½ c Whole Grain Dinner Roll 2 oz Applesauce ½ c  ATL = CBG T		*Chicken Cacciatore 3 oz *W.G. Spaghetti ½ c *w/ Sauce 2 oz California Blend ½ c Mushrooms ½ c Dinner Roll, 1 oz Orange  ATL = CBG RB	
13	14	15	16	17
	*Stuffed Peppers 6 oz w/Tomato Sauce 2 oz *Mashed Potatoes ½ c *Green Peas ½ c 2 Whole Grain Wheat Applesauce ½ c  ATL = CBG TR		*Chicken Patty 3 oz Mayo 1 PC *Broccoli ½ c *Red Cabbage ½ c Whole Grain Bun Pears ½ c  ALT = CBG RB	
20	21	22	23	24
Juneteenth  Site Closed	*Roasted Pork Loin 3 oz *Sweet Potatoes ½ c *Mixed Vegetables ½ c 2 Whole Grain Rye Apple Juice 4 oz  ALT = CS TR		*Chicken Cordon Bleu 6 oz *Mashed Potatoes ½ c w gravy *Carrot Coins ½ c Whole Grain Dinner Roll, 2 oz Tropical Fruit ½ c  ATL = CBG RB	
27	28	29	30	
	*Chicken Alfredo 3 oz *Sauce 2 oz/*Noodles ½ c Broccoli ½ c Capri Blend ½ c 1 Whole Grain Wheat Diced Pears, ½ c  ATL = CBG TR		*Salisbury Steak 3 oz *Gravy 2 oz *Mashed Potatoes ½ c Mixed Vegetables ½ c 2 Whole Wheat Bread Grape Juice 4 oz  ATL=CBG T	

Meal Cancellations Call 330-723-9514

Western Reserve Area Agency on Aging - 2022

Note: Box Lunch Default Menu choice is shown in the right hand corner of each day.

“T” = Tuna, “TR” = Turkey, “RB” = Roast Beef

ALT CS = Chicken Salad with Croissant, ALT CBG = Spring Lettuce Salad w/Chicken Breast