



**MEDINA COUNTY DRUG ABUSE COMMISSION (MCDAC)
Minutes of November 6, 2017**

◆ ATTENDANCE

• Present

Evelyn Czyz - Township Rep.	Pat Nahrstedt - Wadsworth Rep. (6:03)
Louis DeLoss - Township Alt. Rep.	Cliff Nowak - Brunswick Rep.
Matt Hiscock – Wadsworth Alt. Rep.	Kent Patterson - Police Chiefs Assoc. Rep.
Susan Kinney-Dillon – Brunswick Alt. Rep.	Peggy Reeves – School Districts Alt. Rep.
Will Koran - School District Rep.	Wally Schaedel - Villages Rep.
Amy Lyon-Galvin – Commissioners Alt. Rep.	Robert Starcher – Medina Rep.
Holly Phillips – Commissioners Alt. Rep.	

• Absent

David Centner – Commissioners’ Rep. (excused)
Jeff Vogel - Commissioners Rep. (excused)

• Others Present

Brian Nowak - MCDAC Executive Director	Deb Marshall – Brunswick City Schools
Adam Friedrick – Commissioners’ Liaison	Ashland Damron – Brunswick City Schools student
Kathy Fulkerson – Brunswick City Schools	Samira Palekar – Brunswick City Schools student

◆ CALL TO ORDER

The meeting was held in the lower conference room of the Professional Services Building located at 124 West Washington Street, Medina. Chair Will Koran called the regular meeting to order at 6:00 p.m. After roll call, the Pledge of Allegiance was recited.

◆ CONSIDERATION OF MINUTES

The minutes of October 2, 2017, were emailed in advance. Cliff Nowak moved to approve the minutes; Bob Starcher seconded the motion. There was no discussion and the motion passed unanimously. The minutes will be placed on file as submitted.

◆ PRESENTATION – BRUNSWICK CITY SCHOOLS

Student Assistance Counselor Kathy Fulkerson of Brunswick City Schools reviewed a PowerPoint presentation (made part of the permanent record) reviewing the prevention programming and student assistance programs offered at their schools. She provided an overview of the classroom prevention programs such as Life Skills Training, Classroom Prevention, the American Cancer Society STAMP Program and Health Education. In the HUDDLE Program, they include lessons regarding bullying, cyberbullying, and healthy friendships. Extreme Challenge offers three main events each year which 10-15 9th graders throughout Medina County participate; they also meet once a month and they do the Life Skills Program with them.

Kathy noted that some of the subjects they are able to touch on through individual and group prevention/intervention are: alternate routes, anger management, bullying, children of addicted parents, children of divorce, depression & anxiety, drug awareness & intervention and drug & alcohol assessments.

Positive Behavioral Intervention & Supports (“PBIS”) is fairly new. It is a broad range of systemic and individualized strategies for achieving important social and learning outcomes in school communities while preventing problem behaviors. Brunswick City Schools use the word PRIDE which stands for “Performance, Respect, Integrity, Dedication and Effort.” Each school uses a different program, but each are engrained in

looking at positive behaviors. The Brunswick City School District has also adopted the principles and practices of the Coordinated School Health Model.

Last year, Kathy wrote a grant for Mindfulness in the classroom. This program is a strategy to bring awareness to the here and now to assist with negative thoughts and anxiety and assist with refocusing. This is utilized in the elementary schools as the goal is to teach kids at a young age how to self-regulate.

Deb Marshall explained that the purpose of the CLC program is to add a positive interaction/intervention with these students who have violated a code of conduct and are spending 1-3 days in-school suspension. She meets with them and focuses on the behavior that got them in suspension and what are some alternative things they can do next time. Most students in CLC have poor decision-making skills and poor self-control. She works with them to understand consequences of their poor decisions. The students' have been responsive and the number of "repeat offenders" has declined. In addition to MCDAC funding, they apply for other grants to assist with these types of programs.

Kathy noted the special events and activities Brunswick City School participate in including the following: Red Ribbon Week, HUDDLE Training & Induction Ceremony, Extreme Challenge field trips, middle school leadership field trip, GSAT (tobacco program), Family-A-Fair, Random Act of Kindness Week and Kite Fest.

Their Strategic Plan includes sustaining financial support from Brunswick Board of Education & MCDAC, access additional funding sources, utilize research-based effective programs, expand treatment services, continue professional development/best practices and to improve evaluation protocols.

Brunswick City School District students Ashland Damron and Samira Palekar spoke about their experiences as HUDDLE ambassadors and how it has positively affected them. Not only are they able to teach younger students about the dangers of drugs and alcohol, but they also get to discuss topics such as cyberbullying and peer pressure. The students were thanked for attending and for their good work.

Kathy answered questions from MCDAC members. They were thanked for attending and for all they do.

**A moment of silence was held for the 27 victims who lost their lives during the shootings in Texas.*

◆ **OLD BUSINESS: UPDATE ON FIVE-YEAR FUNDING ANALYSIS**

Will Koran reported that after various meetings he, Brian Nowak and Kent Patterson had with the superintendents, principals and Sheriff Miller, one thing that stood out as extremely generous was Brunswick's Superintendent Mike Mayell's comment that he appreciated the fact that they would get additional funding, but if somebody really needed it, to bypass them if necessary. Will noted that Brunswick is currently contributing 66% of the program and there are some districts that are not contributing at all. Kent Patterson added that Sheriff Miller was very understanding and realizes that some of the cuts may affect his department adversely.

Brian Nowak distributed and reviewed a handout (made part of the permanent record) outlining MCDAC funding percentages versus school funding percentages.

◆ **NEW BUSINESS**

Will Koran explained that the possibility of changing the meeting starting time for MCDAC had been discussed earlier this year. As a motion was on the table from that prior discussion, Wally Schaedel moved to change the meeting starting time to 6:30 p.m.; Cliff Nowak seconded the motion. After discussion, Wally Schaedel moved to amend his motion by changing the proposed meeting starting time to 5:00 p.m. beginning January 1, 2018; Cliff Nowak seconded the motion. There was no further discussion. By roll call vote, the motion passed unanimously.

◆ **EXECUTIVE DIRECTOR'S REPORT**

Brian Nowak reported that he is in the middle of site visits and expects to finish up around Thanksgiving. He has been letting everyone know about the upcoming funding changes.

He has spoken with the director at Robby's Recovery Center, Joyce of Bellefaire-Solutions, and Robert

Neuman of Community Assessment & Treatment Services; these are the new places in the area offering treatment and/or support for treatment.

Red Ribbon Week was celebrated in the schools during the last week of October. Wadsworth City Schools sent him some information and he was able to post it on the Facebook page.

Brian further reported that he is in the process of updating the MCDAC website making it cleaner and easier to navigate and update. It needs to be interactive and seamlessly integrate with social networking. He believes the real value will be recognized as we get closer to the next levy as this will allow the opportunity to utilize social networking in a way to inform the community the fact that a levy is on the ballot, where the funding goes and some of the programming that the funding supports.

The presentation in December will be Wadsworth City Schools.

Brian thanked Lou DeLoss and Evelyn Czyz who will be representing the Drug Abuse Commission at the Leadership Medina Government Expo on Wednesday, November 8.

◆ **COMMISSION MEMBERS GO AROUND**

Wally Schaedel wished everyone a Happy Thanksgiving. He noted that he had the privilege of meeting with Share Cluster last month. He is very impressed at their professionalism and their ability to stay focused on the issues; they accomplish a lot. Will Koran added that we live in a very special county. It's not often that you can get all of the school districts and mental health agencies to work together and always be there to assist everyone else.

Lou DeLoss thanked Holly Phillips for recognizing that it is the middle person that is on the fence. He has seen some good examples of the way good things work with that attitude at the Juvenile Detention Center.

Evelyn Czyz thanked all of the veterans; without them we wouldn't be able to assemble here.

Holly Phillips stated that she works at the Medina County Health Department and is the lead for the Project DAWN Program ("Death Avoided With Naloxone"); she stays very busy with that. She attends the Medina County Opioid Task Force which started in February 2017. She walked away from the last meeting feeling all of the positive momentum in this county. She saw all of the community members pulling together collaborating on how we're going to end this epidemic.

◆ **ADJOURNMENT**

There being no further business, Pat Nahrstedt moved to adjourn the meeting; the motion was seconded by Evelyn Czyz. There was no discussion and the motion passed unanimously. The meeting adjourned at 7:10 p.m.

◆ **NEXT MEETING/FUTURE MEETINGS**

Meetings are held at 6:00 p.m. in the lower level conference room of the Professional Building on the first Monday of each month except where noted. There are no meetings scheduled in January, July, or August. The next meeting is scheduled for December 4, 2017.

Future 2017 Meetings

December 4

Future 2018 Meetings

February 5	June 4
March 5	September 10
April 2	October 1
May 7	November 5
	December 3

*Minutes provided by Rhonda J. Beck
Administrative Assistant to the Medina County Administrator*