

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Gospel Music 10:00 Catholic mass with St. Ambrose 1:30 Ice Cream Social Z9	10:00 Bingo AR 1:00 Labor Day Social AR  Labor Day	9:30 Let's Get Fit Z93 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Resident Council BDR 3:00 Open Gym Z7 6:00 Cards Z9	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Gab and Glam 3:00 Open Gym Z7 6:00 Beading Circle AR	9:30 Let's Get Fit Z95 10:00 News and Views Z9 10:15 Book Club Z9 11:00 Therapy Skills Luncheon AR 3:00 Open Gym Z7 6:00 Games AR	9:30 Balloon Volley Z9 10:00 The Daily Buzz Z9 2:00 Skip-Bo Z9 3:00 Open Gym Z7 6:00 Bingo AR	9:30 Balloon Volley Z9 10:00 Current Events Z9 1:00 Movie Matinee Z9
9:30 Gospel Music 10:00 Catholic mass with St. Ambrose 1:30 Ice Cream Social Z9 Grandparents' Day	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Games Z9 3:00 Open Gym Z7 6:00 Cards Z9	9:30 Let's Get Fit Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Brain Games Z9 3:00 Open Gym Z7 6:00 Brown Bag	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Gab and Glam 3:00 Open Gym Z7 6:00 Cards AR	9:30 Let's Get Fit Z92 10:00 News and Views Z9 10:15 Book Club Z9 11:00 Lunch Bunch Chinese 3:00 Open Gym Z7 6:00 Chocolate Milkshake Social AR	9:30 Balloon Volley Z9 10:00 The Daily Buzz Z9 2:00 Phase 10 Z9 3:00 Open Gym Z7 6:00 Bingo AR	9:30 Balloon Volley Z9 10:00 Uno Z9 1:30 Ray Rangel Entertains
9:30 Gospel Music 10:00 Catholic mass with St. Ambrose 1:30 Ice Cream Social Z9	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Birthday Party with FDR 3:00 Open Gym Z7 6:00 Cards Z9	9:30 Let's Get Fit Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Brain Games Z9 3:00 Open Gym Z7 6:00 Games Z9	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 11:00 Therapy Lunch Outing 2:00 Gab and Glam 3:00 Open Gym Z7 6:00 Knitting Circle	9:30 Let's Get Fit Z9 10:00 News and Views Z9 10:15 Book Club Z9 1:30 Movie Matinee 3:00 Open Gym Z7 6:00 Games AR	9:30 Balloon Volley Z9 10:00 The Daily Buzz Z9 2:00 Skip Bo Z9 3:00 Open Gym Z7 6:00 Bingo AR	9:30 Balloon Volley Z9 10:00 Current Events Z9 1:30 Cooking Corner AR
9:30 Gospel Music 10:00 Catholic mass with St. Ambrose 1:30 Ice Cream Social Z9	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Games Z9 3:00 Open Gym Z7 6:00 Cards Z9 Autumn Begins	9:30 Let's Get Fit Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Arm Chair Travel 3:00 Open Gym Z7 5:00 Dinner Bunch: Pizza AR	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Gab and Glam 3:00 Open Gym Z7 6:00 Cards AR	9:30 Let's Get Fit Z9 10:00 News and Views Z9 10:15 Book Club Z9 11:00 Lunch Outing Out Back Steakhouse 3:00 Open Gym Z7 6:00 Games AR	9:30 Balloon Volley Z9 10:00 The Daily Buzz Z9 2:00 Phase 10 Z9 3:00 Open Gym Z7 6:00 Bingo AR	9:30 Balloon Volley Z9 10:00 Uno Z9 1:30 Patio Visits Z9
9:30 Gospel Music 10:00 Catholic mass with St. Ambrose 1:30 Ice Cream Social Z9	9:30 Muscles in Motion Z9 10:00 News and Views Z9 10:15 Book Club Z9 2:00 Games Z9 3:00 Open Gym Z7 6:00 Cards Z9 Rosh Hashanah (first day)	Key: AR- Activity Room, FDR- Front Dining Room, BDR- Back Dining Room, R2R- Room to Room, CR- Conference Room 1:1 Activities occur throughout the day Open Gym M-F 3:00				

September 2019

Expectations at Willowood Care Center

Activities are subject to change and will be announced and posted. Please inform Activities team if interested in outings