

Sunday

Monday

Tuesday


Wednesday

Thursday


Friday

Saturday

Key: AR- Activity Room, FDR- Front Dining Room, BDR- Back Dining Room, R2R- Room to Room, CR- Conference Room
1:1 Activities occur throughout the day.



1
9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Games
3:30 Open Gym
6:00 Poker CR


2
9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9
2:00 Resident Council

3:30 Open Gym
6:00 Cards CR
Simchat Torah

3
9:30 Muscles in Motion Z9
10:00 The Daily Buzz
10:15 Book Club
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Cards CR


4
9:30 Lets Get Fit
10:00 News and Views
10:15 Book Club
11:30 Therapy Skills Luncheon AR
1:30 Movie Matinee
3:30 Open Gym
3:30 Kidder Kids Getting Fishy AR
6:00 Games

5
9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Skip-Bo
6:00 Bingo AR


World Smile Day




6
9:30 Current Events, Trivia CR
10:00 UNO CR
1:30 Saturday Matinee




7
9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Soupy Sunday Z9

8
9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Birthday Party
 **Al Zimmerman**
3:30 Open Gym
6:00 Poker


Columbus Day (US)
Thanksgiving Day (Canada)



9
9:30 Word puzzle's on Zones


2:00 Brain Games 
3:30 Open Gym
6:00 Cards CR

10
9:30 Muscles in Motion Z9
10:00 The Daily Buzz
10:15 Book Club
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Cards CR

11
9:30 Let's Get Fit
10:00 News and Views
10:15 Book Club
11:00 Lunch Bunch Dairy Queen

1:30 Movie Matinee
3:30 Open Gym
6:00 Games


12
9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
11:00 Lunch Outing J Bella's
6:00 Bingo AR

13
9:30 Current Events, Trivia CR
10:00 UNO CR
1:30 Saturday Matinee




14
9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Ice Cream floats Z9


15
9:30 American Heritage Clothing
9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
3:30 Open Gym
6:00 Poker CR

16
9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9

2:00 Brain Games
3:30 Open Gym
6:00 Hartland Bingo

17
9:30 Muscles in Motion
10:00 The Daily Buzz
10:15 Book Club
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Cards CR

18
9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club
11:00 Therapy Lunch Outing 
Weather permitting
3:30 Open Gym
5:30 Dinner Bunch AR


19
9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Pumpkin Decorating Z9
6:00 Bingo AR

20
Sweetest Day
9:30 Current Events, Trivia CR
10:00 UNO CR
1:30 Cooking Crooner
 AR
Wear Pink Support Breast Cancer

21
9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Soupy Sunday Z9


22
9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Games
3:30 Open Gym
6:00 Poker CR
Spirit Week

Crazy Sox Day

23
9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9
2:00 Arm chair Travel

3:30 Open Gym
6:00 Cards CR
Clash Day

24
9:30 Muscles in Motion
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Cards CR
Crazy Hair Day

25
9:30 Let's Get Fit
10:00 News and Views Z9
10:15 Book Club
2:00 Games
Trick or Treat 6-7
 
Wear a costume!



26

9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Games
6:00 Bingo AR
Fancy Friday

27
9:30 Current Events, Halloween Trivia CR
10:00 UNO CR
1:30 Games

Wear Orange and Black

9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Ice Cream Floats Z9
Sports Gear day


29
9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Games
3:30 Open Gym
6:00 Poker CR

30

9:30 Voting AR
9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9

2:00 Brain Games
3:30 Open Gym
6:00 Cards CR

31
HALLOWEEN
9:30 Freaky Fitness Z9
10:00 The Daily Buzz
10:15 Book Club
2:00 Pumpkin Social BDR
3:30 Open Gym
6:00 Scary Movie Social
Halloween


October 2018 
Expectations at Willowood Care Center

Activities are subject to change and will be announced and posted. Please inform activities team if interested in outings/seats fill fast / Outings Weather Permitting