

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Happy New Year!

10:15 Catholic Mass
St. Ambrose AR
1:00 New Year's Social

New Year's Day

2

9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9
2:00 Resident Council

BDR

3:30 Open Gym
6:00 Cards CR

3

9:30 Lets Get Fit
10:00 News and Views
10:15 Trivia
11:30 Therapy Skills Luncheon AR
2:00 Trivia
3:30 Open Gym
6:00 Games

National Trivia Day

4

9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Skip-Bo
6:00 Bingo AR

5

9:30 Current Events, Trivia CR
10:00 UNO CR
1:30 Soup Social AR

6

9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Surprise Bingo AR

7

9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Games
3:30 Open Gym
6:00 Cards CR

8

9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9

2:00 Brain Games

3:30 Open Gym
6:00 Games

9

9:30 Muscles in Motion
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Phase Ten CR

10

9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club
11:30 Lunch Bunch Mr. Hero

1:30 Movie Matinee

5:00 Dinner Bunch

11

9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Phase 10
6:00 Bingo AR

12

9:30 Current Events, Chronicle Z9
10:00 Adult Design Z9
1:30 Games

13

9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Games Z9

14

9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Arts/Craft
3:30 Open Gym
6:00 Cards CR

15

9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9
2:00 Birthday Party Traveling Man
6:00 Hartland Bingo

16

9:30 Muscles in Motion
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Phase Ten CR

17

9:30 Let's Get Fit, News and Views, Book Club Z9
2:00 Skip-Bo
3:30 Open Gym
6:00 Games

Betty White 's Birthday

18

9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Cards
6:00 Choir / Sing a Long AR

19

9:30 Current Events, Trivia CR
10:00 UNO CR
1:00 Movie Matinee Z9

20

9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Games Z9

21

Wolf Moon
9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Games
3:30 Open Gym
6:00 Cards CR

Martin Luther King Day
Tu B'Shevat

22

9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9
2:00 Arm Chair Travel

3:30 Open Gym
6:00 Games

23

9:30 Muscles in Motion
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Phase Ten CR

24

9:30 Let's Get Fit, News and Views, Book Club
11:30 Lunch Bunch Dairy Queen

1:30 Movie Matinee

6:00 Games

25

9:30 Balloon Volley Z9
10:00 The Daily Buzz
10:15 Book Club Z9
2:00 Cards
6:00 Bingo AR

26

9:30 Current Events, Trivia CR
10:00 UNO CR
1:30 Cooking Corner AR

27

9:30 Gospel Music
10:00 Catholic Mass
St. Ambrose AR
10:30 Catholic Communion AR R2R
1:30 Cards Z9

28

9:30 Muscles in Motion
10:00 News and Views Z9
10:15 Book Club
2:00 Games
3:30 Open Gym
6:00 Cards CR

Australia Day (observed)

29

9:30 Let's Get Fit Z9
10:00 News and Views
10:15 Book Club Z9

2:00 Brain Games

3:30 Open Gym
6:00 Games

National Puzzle Day

30

9:30 Muscles in Motion
10:00 The Daily Buzz
10:15 Croissant's Z9
2:00 Gab and Glam Z9
3:30 Open Gym
6:00 Phase Ten CR

Croissant Day

31

9:30 Let's Get Fit,
10:00 News and Views,
10:15 Book Club Z9
2:00 UNO
6:00 Games

Activities are subject to change and will be announced and posted. Please inform activities team if interested

Key: AR- Activity Room, FDR- Front Dining Room, BDR- Back Dining Room, R2R- Room to Room, CR- Conference Room 1:1 Activities occur throughout the day.