

August, 2020

Dear Parents and Students,

Welcome Back! I hope you had a safe summer and are ready for some fun and fitness. During our first P.E. class I will be reviewing several topics including safety policies and procedures, uniform requirements, and grading system. Please review this information with your child.

Safety has always been a priority, therefore I have several safety rules that if broken can result in a detention. These rules include, but are not limited to: chewing gum, eating candy, horseplay, using equipment inappropriately, using equipment in an unsafe manner, leaving the gymnasium without permission, climbing the bleachers and jumping on or off the stage. I realize this may sound harsh, but I feel these rules are necessary to help ensure the safety of our children.

Uniform requirements have not changed from previous years. **However, students should wear their gym clothes to school on the days they have P.E. class. Students will wear their gym clothes throughout the day. Black sweatpants and St. Hilary sweat shirts may be worn over the shorts and T-shirts.** Kindergarten students should wear clean tennis shoes and either shorts or pants that don't restrict movement. **1st graders** should bring clean tennis shoes. For girls who choose to wear jumpers, please wear shorts and remove the jumpers before coming to class. **Grades 2-8** should wear the St. Hilary gym shirt, **mid thigh length black shorts (do not roll at the waist, and no undergarments showing)**, and clean tennis shoes (laces must be securely tied). **Please remember no rings, watches or bracelets.** If a student does not have their entire uniform, points will be deducted from their grade.

Students are evaluated daily in P.E. class. Effort, conduct (including good sportsmanship) and class preparation are the main criteria for my grading system. Points are deducted from a student's grade each time a student does not meet the criteria.

I'm looking forward to a fun filled year; I hope that each child develops an understanding of the importance of a healthy lifestyle. If you have any questions or concerns please feel free to contact me at tstamets@st-hilary.org.

Sincerely,
Mrs. Stamets

