

# OCTOBER 2016

## St. Joan Of Arc Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Mac & Cheese Crispy Chicken Sandwich Chips Celery Sticks & Dip Apple Slices Milk	<b>4</b> BBQ Pork Sandwich Crispy Chicken Sandwich Sweet Potato Fries Buttered Corn Milk	<b>5</b> Beef & Cheese Nachos Crispy Chicken Sandwich Black Beans Garden Salad Milk	<b>6</b> Baked Ham Crispy Chicken Sandwich Mashed Potatoes Cottage Cheese Peach Cup Milk	<b>7</b> Master Pizza Garden Salad Dessert Milk
<b>10</b> French Toast Sticks & Sausage Bosco Sticks & Marinara Caesar salad Apple Sauce Milk	<b>11</b> Homemade Lasagna Bosco Sticks & Marinara Caesar salad Apple Sauce Milk	<b>12</b> Spinach Salad Bosco Sticks & Marinara Yogurt Orange Slices Milk	<b>13</b> Chicken Ranch Wrap Bosco Sticks & Marinara Homemade Orzo Salad Grapes Milk	<b>14</b> NO SCHOOL
<b>17</b> NO SCHOOL	<b>18</b> Grilled Cheese & Tomato Soup Boneless Wings Chips Orange Slices Milk	<b>19</b> Cobb Salad Boneless Chicken Wings Mashed Potatoes Baby Carrots & Dip Milk	<b>20</b> Hot Dog Boneless Chicken Wings French Fries Apple Slices Milk	<b>21</b> DADS DO LUNCH Master Pizza Caesar Salad Dessert Milk
<b>24</b> Cheese Ravioli Mac & Cheese Wedges Garlic Toast Garden Salad Apple Sauce Milk	<b>25</b> Cheeseburger Mac & Cheese Wedges Tater Tots Glazed Carrots Strawberries Milk	<b>26</b> Chicken Caesar Salad Mac & Cheese Wedges Rice Pilaf Peppers & Dip Apple Slices Milk	<b>27</b> Sloppy Joe Mac & Cheese Wedges Baked Beans Sweet Potato Tots Strawberries Milk	<b>28</b> Master Pizza Garden Salad Dessert Milk
<b>31</b> Pancakes & Bacon Corn Dog Potato Triangle Yogurt Banana Milk	Drumstick Corn Dog Bowtie Pasta Salad Apple Slices Milk	Chicken Parmesan Corn Dog French Fries Steamed Broccoli Milk	Swedish Meatballs Corn Dog Buttered Noodles Mandarin Oranges Milk	Master Pizza Caesar Salad Dessert Milk

### News

#### New Item offered every day:

**Chicken Nuggets** are whole muscle chicken chunks, breaded **without** seasoning. These are a great option for kids who do not like the peppery heat of the Boneless Wings and Crispy Chicken Sandwiches.

Removed from the Menu:

**Peanut Butter and Jelly Sandwich** will no longer be available. If anyone is interested in a peanut-free option, **I.M Healthy brand sandwiches** are made with soybutter and could be added to the menu if there is enough interest. Please contact Christine Mahoney directly by sending a note to school with your child or via email at [mc2mahoney@yahoo.com](mailto:mc2mahoney@yahoo.com).